Week 1 Regular

MONDAY 4/18	TUESDAY 4/19	WEDNESDAY 4/20	THURSDAY 4/21	FRIDAY 4/22	SATURDAY 4/23	SUNDAY 4/24
BREAKFAST						
JUICE CEREAL OF CHOICE	CEREAL OF CHOICE	CREAM OF WHEAT	JUICE CEREAL OF CHOICE	JUICE MALT O MEAL	JUICE CEREAL OF CHOICE	JUICE CEREAL OF CHOICE
BREAKFAST POTATO SAUSAGE SKILLET	TOASTED BAGEL WITH CREAM CHEESE, BUTTER CANADIAN BACON	FRIED EGG WITH BACON TOAST COFFEE/CREAMER/SUGAR	BISCUIT WITH SAUSAGE GRAVY	OMELET MUFFIN OR TOAST MILK	FRENCH TOAST WITH SYRUP BACON BUTTER	EGG MCMUFFIN WITH SAUSAGE PATTIE, CHEESE
COFFEE/CREAMER/SUGAR FRUIT MILK	COFFEE/MILK/JUICE FRUIT	MILK FRUIT	COFFEE/CREAMER/SUGAR FRUIT	COFFEE/CREAMER/SUGAR FRUIT	COFFEE/CREAMER/SUGAR MILK FRUIT	COFFEE/CREAMER/SUGAR MILK FRUIT
DINNER						
BEEF STROGANOFF OVER	TURKEY HOT DISH	SWISS STEAK	CHICKEN ALFREDO OVER	SHRIMP	COUNTRY STYLE BONELSS PORK RIB	FRIED CHICKEN
NOODLES BROCCOLI	CRANBERRY SAUCE PICKLES	WHOLE POTATOES AND BUTTER GREEN BEANS	NOODLES CALIFORNIA BLEND VEGETABLE	AU GRATIN POTATOES CUCUMBER SALAD	MACARONI AND CHEESE STEWED TOMATOES	RICE PIILAF CREAMED CORN
DESSERT BAR	STRUDEL STICK	FRUIT COBBLER	BREADSTICK	CREAM PIE	DINNER ROLL	PIE
MILK COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR MILK	COFFEE/CREAMER/SUGAR MILK	LAYERED CAKE COFFEE/CREAMER/SUGAR MILK, JUICE	COFFEE/CREAMER/SUGAR MILK, JUICE	GERMAN CHOCOLATE CAKE COFFEE/CREAMER/SUGAR MILK	COFFEE/CREAMER/SUGAR MILK
OR						
FISH STICKS MASHED POTATOES AND BUTTER SQUASH	LIVER MASHED POTATOES AND GRAVY PEAS	FISH MASHED POTATOES AND GRAVY CARROTS	ROAST BEEF MASHED POTATOES AND GRAVY SQUASH	MEAT LOAF MASHED POTATOES AND GRAVY CORN	ROAST BEEF MASHED POTATOES AND GRAVY CAULIFLOWER	SALISBURY STEAK MASHED POTATOES AND GRAYV BEETS
SUPPER						
GRILLED CHICKEN BREAST ON A BUN TOMATO, ONION, LETTUCE	TOMATO SOUP GRILLED CHEESE SANDWICH DESSERT VARIETY	BAKED BEANS HOT DOG ON A BUN FRENCH FRIES PUDDING PARFAIT WITH TOPPING	BBQ PORK RIB FRIED POTATOES PICKLES MILK, JUICE	TUNA CASSEROLE SEASONED DICED POTATOES PEAS	BEEF STEW BISCUIT WITH BUTTER PICKLES DESSERT VARIETY	TATAR TOT HOT DISH CALIFORNIA BLEND VEGETABLE DESSERT VARIETY
SEASONED DICED POTATOES	COFFEE/CREAMER/SUGAR	MILK	COFFEE/CREAMER/SUGAR JELL-O CUBES WITH TOPPING	MILK COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR MILK	COFFEE/CREAMER/SUGAR MILK
PEACHES	ICE CREAM			BANANA BREAD	CANNED FRUIT	VANILLA PUDDING
OR						
EGG SALAD SANDWICH PICKLES	CHEF SALAD DINNER ROLL	MEAT SANDWICH LETTUCE SALAD WITH DRESSING PICKLES	CHEESE SOUP CRACKERS	CHICKEN NUGGETS YELLOW BEANS	MEAT AND CHEESE SANDWICH POTATO TRIANGLE	HAM SALAD SANDWICH POTATO CHIPS PICKLES

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\*\* (Please note menus are subject to change)\*\*

J. Haug R.D.

Dietary Manager: Marty Nyhus CDSM/CFPP

Week 2 Regular

MONDAY 4/25	TUESDAY 4/26	WEDNESDAY 4/27	THURSDAY 4/28	FRIDAY 4/29	SATURDAY 4/30	SUNDAY 5/1
BREAKFAST						
JUICE	JUICE	JUICE	JUICE	JUICE	JUICE	JUICE
OATMEAL	CEREAL BY REQUEST	MALT O MEAL OR COLD CEREAL	OATMEAL	CREAM OF WHEAT	CEREAL BY REQUEST	CEREAL BY REQUEST
OMELET TOAST OR MUFFIN	FRIED EGGS WITH BACON TOAST WITH BUTTER	PANCAKES/SYRUP SAUSAGE LINKS	SCRAMBLED EGGS TOAST WITH BUTTER	EGG BAKE TOAST WITH BUTTER	FRENCH TOAST STICKS SAUSAGAE PATTIE	PANCAKE ON A STICK SYRUP
ORANGE SLICES	FRUIT	MILK	MILK	MILK		
COFFEE/CREAMER/SUGAR MILK/COFFEE/WATER	COFFEE/CREAMER/SUGAR MILK	COFFEE/CREAMER/SUGAR FRUIT	COFFEE/CREAMER/SUGAR FRESH ORANGE SLICES	COFFEE/CREAMER/SUGAR FRUIT	COFFEE/CREAMER/SUGAR FRUIT MILK	COFFEE/CREAMER/SUGAR FRUIT MILK
DINNER						
SPAGHETTI WITH MEAT SAUCE YELLOW BEANS GARLIC BREAD/STICK	SAUERKRAUT WITH POLISH SAUSAGE MASHED POTATOES AND BUTTER		CHICKEN KIEV RICE PILAF GLAZED CARROTS	SALMON SCALLOPED POTATOES MIXED VEGETABLE	BEEF BRISKET HASH BROWN CASSEROLE GREEN BEANS	CHICKEN AND STUFFING HOT DISH CRANBERRY SAUCE
SHERBET	BUTTER FRUIT FILLED TURNOVER	DINNER ROLL	BAKED APPLE MILK	CHEESE CAKE	JELL-O PARFAIT	PIE
MILK/COFFEE/WATER	MILK, COFFEE, CREAMER	ICE CREAM TREAT MILK, COFFEE, JUICE	COFFEE/CREAMER/SUGAR	MILK COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR MILK	COFFEE/CREAMER/SUGAR MILK
HAM MASHED POTATOES AND GRAVY PEAS AND CARROTS	MEATLOAF LIMA BEANS WHOLE POTATOES AND GRAVY	FISH MASHED POTATOES AND GRAVY CAULIFLOWER WITH CHEESE	PORK ROAST MASHED POTATOES AND GRAVY BEETS	BBQ CHICKEN NUGGETS MASHED POTATOES AND GRAVY BROCCOLI CAULIFLOWER BLEND	TURKEY MASHED POTATOES AND GRAVY CORN	MEAT BALLS  MASHED POTATOES AND GRAVY BROCCOLI
SUPPER						
CHICKEN TENDERS FRIED POTATOES CORN	CHICKEN AND RICE HOT DISH STEWED TOMATOES	CORN DOG PEA AND CHEESE SALAD FRENCH FRIES COFFEE/CREAMER/SUGAR	CHEESE BURGER ON A BUN SEASONED DICED POTATOES CUCUMBER SALAD	CHICKEN SALAD SUPREME ON LETTUCE BREADSTICK DESSERT VARIETY	VEGETABLE BEEF SOUP CRACKERS MEAT SANDWICH PICKLES	MEAT SANDWICH COLE SLAW DINNER ROLL
PEACHES	DESSERT VARIETY MILK, COFFEE, CREAMER DESSERT BAR	MILK PUDDING	MILK, COFFEE FRUIT COBBLER	MILK COFFEE/CREAMER/SUGAR RICE KRISPIE BAR	COFFEE/CREAMER/SUGAR DESSERT VARIETY BROWNIE	MILK, COFFEE, JUICE PUDDING
ALTERNATE SUPPER						
BROCOLLI CHEESE SOUP CRACKERS	EGG SALAD SANDWICH LETTUCE SALAD	MEAT SANDWICH PASTA SALAD	CHICKEN NOODLE SOUP CRACKERS	TUNA CASSEROLE PEAS	COTTAGE CHEESE AND FRUIT PLATE DINNER ROLL	POTATO SOUP CRACKERS BEET PICKLES

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J. Haug R.D. Dietary Manager: Marty Nyhus CDSM/CFPP

Week 3 Regular

MONDAY 5/2	TUESDAY 5/3	WEDNESDAY 5/4	THURSDAY 5/5	FRIDAY 5/6	SATURDAY 5/7	SUNDAY 5/8
BREAKFAST						
JUICE	JUICE	JUICE	JUICE	JUICE	JUICE	JUICE
CREAM OF WHEAT	OATMEAL OR COLD CEREAL	MALT O MEAL	CEREAL OF CHOICE	OATMEAL OR COLD CEREAL	CEREAL OF CHOICE	CEREAL BY REQUEST
BISCUIT WITH SAUSAGE GRAVY	SCRAMBLED EGGS	PANCAKES WITH SYRUP	EGG BAKE	FRENCH TOAST/SYRUP	FRIED EGGS AND SAUSAGE	SCRAMBLED EGGS
	TOAST	BACON	TOAST OR MUFFIN	BACON	TOASTED ENGLISH MUFFIN	
JELLY	MILK			MILK	MILK	TOAST OR MUFFIN
MILK	COFFEE/CREAMER/SUGAR	MILK	COFFEE/CREAMER/SUGAR	FRUIT	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR
COFFEE/CREAMER/SUGAR	ORANGE SLICES	COFFEE/CREAMER/SUGAR	MILK	COFFEE/CREAMER/SUGAR	FRUIT	FRESH ORANGE SLICES
FRUIT		FRUIT	FRUIT			
DINNER						
MACARONI SALAD WITH	CHICKEN CHOW MEIN	CHICKEN PARMESAN	BRAT ON A BUN	CRAB CAKE	HAMBURGER GRAVY OVER	TURKEY ALA KING OVER A
HAM AND PEAS	CHOW MEIN NOODLES	BUTTERED NODDLES	WHOLE POTATOES/BUTTER	BAKED POTATO	NOODLES	BISCUIT
DINNER ROLL	RICE	GREEN BEANS	BOILED CABBAGE	SOUR CREAM, BUTTER	CORN	CRANBERRY SAUCE
PUDDING	CORN		JELL-0 CAKE	CUCUMBER SALAD		PICKLES
	PASTRY ROLL	ICE CREAM TREAT		GERMAN CHOCOLATE CAKE	BREAD PUDDING	PIE
COFFEE/CREAMER/SUGAR	MILK	MILK, JUICE, COFFEE	MILK, JUICE, COFFEE			
MILK	COFFEE/CREAMER/SUGAR			MILK, COFFEE, JUICE	MILK	MILK, JUICE, COFFEE
SALISBURY STEAK	MEATBALLS	FISH	HAMBURGER STEAK	MEAT LOAF	PORK ROAST IN BROTH	ROAST BEEF
MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAYV	MASHED POTATOES AND GRAVY	CALIFORNIA BLEND VEGETABLE	BEETS	MASHED POTATOES AND GRAVY
CAULIFLOWER	PEAS	CARROTS	CREAMED CORN	MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAVY	GREEN BEANS
LASAGNA	BBQ PORK ON A BUN	GOULASH	CHILI	TUNA CASSEROLE	BAKED BEANS	WILD RICE SOUP/CRACKERS
BREAD STICK	TATOR TOTS	SQUASH	CORN MUFFIN	DINNER ROLL	HOT DOG ON A BUN	EGG SALAD SANDWICH
WAX BEANS	COLE SLAW	PICKLES		STEWED TOMATOES	FRENCH FRIES	
BANANA BREAD	DESSERT VARIETY	BROWNIE	BREAD AND BUTTER PICKLES		PICKLES	DESSERT VARIETY
DESSERT	MILK	MILK	RICE KRISPIE BAR	DESSERT	DESSERT VARIETY	MILK, JUICE, COFFEE
MILK	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	MILK/COFFEE	COFFEE/CREAMER/SUGAR	MILK	
COFFEE/CREAMER/SUGAR	WHIPPED FRUT DESSERT			FRUIT-PEACHES OR PEARS	DESSET BAR	CREAM PUFF
OR						
CHICKEN SALAD SANDWICH	CHEF SALAD	TUNA SALAD SANDWICH	TURKEY SANDWICH	CREAM OF POTATO SOUP	HAM SALAD SANDWICH	MEAT AND CHEESE SANDWICH
SUMMER PASTA SALAD	DINNER ROLL	LETTUCE SALAD/DRESSING	POTATO SALAD	PICKLED BEETS	COLE SLAW	PASTA SALAD/PICKLES

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J. Haug R.D. Dietary Manager: Marty Nyhus CDSM/CFPP

## Week 4

MONDAY 5/9	TUESDAY 5/10	WEDNESDAY 5/11	THURSDAY 5/12	FRIDAY 5/13	SATURDAY 5/14	SUNDAY 5/15
BREAKFAST						
JUICE	JUICE	JUICE	JUICE	JUICE	JUICE	JUICE
CEREAL OF CHOICE	MALT O MEAL	CEREAL OF CHOICE	CEREAL BY REQUEST	MALT O MEAL	OATMEAL OR COLD CEREAL	CREAM OF WHEAT
WESTERN OMELET	FRIED EGGS WITH BACON	CHEESY SCRAMBLED EGGS	BELGIAN WAFFLE/SYRUP	OMELET	SCRAMBLED EGGS	CREAMED CHIPPED BEEF
	TOAST	TOAST WITH BUTTER	BACON	TOAST OR MUFFIN	TOAST	OVER A BISCUIT
TOAST WITH BUTTER	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR		MILK	MILK	
COFFEE/CREAMER/SUGAR	MILK	MILK	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	FRUIT
MILK	FRUIT	FRESH ORANGE SLICES	FRUIT	FRUIT	FRUIT	
FRUIT						
DINNER						
COUNTRY FRIED STEAK	SWEET AND SOUR CHICKEN	TACO BAR WITH VARIOUS TOPPINGS,	ROAST BEEF	CITRUS PEPPERCORN TILAPIA	FRIED CHICKEN	НАМ
SCALLOPED POTATOES	RICE	TOMATOES, TACO SHELSS	MASHED POTATOES AND GRAVY	AU GRATIN POTATOES	RICE PILAF	BAKED POTATO, BUTTER
BROCCOLI		TACO SAUCE, LETTUCE,	BOILED CABBAGE	STEWED TOMATOES	CAULIFLOWER WITH CHEESE	SOUR CREAM
	BREAD STICK	REFRIED BEANS			SAUCE	GREEN BEANS
FRUIT TART	CREAM PIE	ICE CREAM TREAT	FRUIT COBBLER	BAKED APPLE	DESSERT BAR	PIE
COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	MILK, JUICE		İ		
MILK	MILK	COFFEE/CREAMER/SUGAR		MILK/JUICE	COFFEE/CREAMER/SUGAR	MILK, COFFEE, JUICE
OR			İ	COFFEE/CREAMER/SUGAR	JUICE/MILK	MILK. COFFEE. JUICE
FISH	MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAVY	SWEET POTATOES	SALISBURY STEAK	ROAST BEEF	TURKEY
SQUASH	PORK ROAST	CHICKEN BREAST	TURKEY	MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAVY
MASHED POTATOES AND GRAVY	GREEN BEANS	BEETS	CAULIFORNIA BLEND VEGETABLES	CARROTS	LIMA BEANS	CORN
SUPPER						
PANCAKES WITH SYRUP	SLOPPY JOE ON A BUN	FISH AND CHIPS	PIZZA	CREAM OF POTATO SOUP	CHEESE BURGER ON A BUN	CHICKEN TENDERS
SAUSAGE LINKS	SUMMER PASTA SALAD	PEA AND CHEESE SALAD	LETTUCE SALAD/DRESSING	CRACKERS	BAKED BEANS	MACARONI AND CHEESE
		PICKLES	PICKLES	MEAT SAN DWICH	CUCUMBER SALAD	PEAS AND CARROTS
	PICKLES			PICKLED BEETS		
MILK	COFFEE/CREAMER/SUGAR	DESSERT VARIETY	DESSERT VARIETY	DESSERT VARIETY	MILK	
COFFEE/CREAMER/SUGAR	MILK	COFFEE/CREAMER/SUGAR	MILK/JUICE	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR
		MILK	COFFEE/CREAMER/SUGAR	MILK	JELL-O CUBES WITH TOPPING	MILK
ICE CREAM TREAT	TURNOVER	SHERBET	BUTTERSCOTCH PUDDING	FRUIT COCKTAIL		CREAM PUFF
OR						
CHICKEN NOODLE SOUP	CHICKEN AND DUMPLING SOUP	MEAT SANDWICH,	CRAB SALAD	TUNA MACARONI SALAD	ROAST BEEF SANDWICH	MEAT SANDWICH
CRACKERS	CRACKERS	PASTA SALAD	DINNER ROLL	DINNER ROLL	POTATO SALAD	CHIPS
COLESLAW						

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J. Haug R.D.