MONDAY 3/2	TUESDAY 3/3	WEDNESDAY 3/4	THURSDAY 3/5	FRIDAY 3/6	SATURDAY 3/7	SUNDAY 3/8
BREAKFAST						
JUICE	JUICE	JUICE	JUICE	JUICE	JUICE	JUICE
OATMEAL	CEREAL BY REQUEST	MALT O MEAL OR COLD CEREAL	OATMEAL	CREAM OF WHEAT	CEREAL BY REQUEST	CEREAL BY REQUEST
OMELET TOAST OR MUFFIN	PANCAKES WITH SYRUP SAUSAGE	FRIED EGGS AND BACON TOAST WITH BUTTER	SCRAMBLED EGGS RAISIN TOAST WITH BUTTER	EGG BAKE BAKERY ROLL	EGG PATTIE ON A TOASTED ENGLISH MUFFIN, SAUSAGE	PANCAKE ON A STICK SYRUP
ORANGE SLICES	FRUIT	MILK	MILK	MILK	PATTIE, CHEESE	
COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR
MILK/COFFEE/WATER	MILK	FRUIT	FRESH ORANGE SLICES	FRUIT	FRUIT	FRUIT
					MILK	MILK
DINNER						
SPAGHETTI WITH MEAT SAUCE	SAUERKRAUT WITH POLISH	BAKED POTATO BAR WITH	CHICKEN KIEV	SALMON	BEEF BRISKET	CHICKEN AND STUFFING
GREEN BEANS	SAUSAGE	VARIOUS TOPPINGS LIKE	RICE PILAF	MASHED POTATOES AND GRAVY	HASH BROWN CASSEROLE	HOTDISH
GARLIC BREAD STICK	MASHED POTATOES AND BUTTER	CHEESE, SOUR CREAM, ONIONS,	ASPARAGUS	BROCCOLI	GREEN BEANS	CRANBERRY SAUCE
SHIERBET	BUTTER	CHILI, DICED TOMATOES , BACON	CHEESECAKE		JELL-O CAKE	PIE
	FRUIT FILLED TURNOVER	CRUMBS	MILK	CREAM PUFF DESSERT		COFFEE/CREAMER/SUGAR
MILK/COFFEE/WATER	MILK, COFFEE, CREAMER	ICE CREAM TREAT	COFFEE/CREAMER/SUGAR	MILK	COFFEE/CREAMER/SUGAR	MILK
	, , -			COFFEE/CREAMER/SUGAR	MILK	
		MILK, COFFEE, JUICE				
HAM	MEATLOAF	HAM	FISH	BBQ CHICKEN NUGGETS	TURKEY	MEAT BALLS
MASHED POTATOES AND GRAVY	SQUASH	MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAVY	RED POTATOES AND BUTTER	MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAVY
PEAS AND CARROTS	WHOLE POTATOES AND GRAVY	BROCCOLI/ CAULFLOWER BLEND	BEETS	CARROTS	CORN	PEAS
SUPPER						
CHICKEN DRUMMIES	CHEESE BURGER ON A BUN	WILD RICE SOUP WITH CRACKERS	PANCAKES WITH SYRUP	CHILI WITH CRACKERS	COTTAGE CHEESE AND FRUIT	FISH SANDWICH
FRIED POTATOES	HASHBROWNS	COLESLAW	SAUSAGE LINKS	CORN BREAD WITH HONEY	PLATE	SEASONED DICED POTATOES
CORN	PICKLES			LETTUCE SALAD	DINNER ROLL	PEAS AND CARROTS
		COFFEE/CREAMER/SUGAR		DESSERT VARIETY	PICKLES	
PEACHES	DESSERT VARIETY	MILK	MILK, COFFEE	MILK	COFFEE/CREAMER/SUGAR	
	MILK, COFFEE, CREAMER	PUDDING	FRESH FRUIT	COFFEE/CREAMER/SUGAR	DESSERT VARIETY	MILK, COFFEE, JUICE
	DESSERT BAR			ICE CREAM TREAT	BROWNIE	DESSERT/COOKIE
ALTERNATE SUPPER						
TOMATO SOUP	EGG SALAD SANDWICH	CHICKEN SALAD SANDWICH	CRAB SALAD	TUNA SALAD SANDWICH	VEGETABLE BEEF SOUP	MEAT SANDWICH
CRACKERS	LETTUCE SALAD	POTATO CHIPS	CHEESE STICK	POTATO SALAD	CRACKERS	COLESLAW
		PICKLES	DINNER ROLL	PICKLES	MEAT SANDWICH	PICKLES

<sup>\*\*</sup> Good Nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well balanced diet. Your daily menu may vary slightly due to the special diet ordered by your physician. Please feel free to ask any questions you may have regarding your menu, diet, or service.

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(Please note menus are subject to change)\*\*

J. Haug R.D. Dietary Manager: Marty Nyhus CDSM/CFPP