

Week 3
Regular

MONDAY 3/9	TUESDAY 3/10	WEDNESDAY 3/11	THURSDAY 3/12	FRIDAY 3/13	SATURDAY 3/14	SUNDAY 3/15
BREAKFAST						
JUICE CREAM OF WHEAT BISCUIT WITH SAUSAGE GRAVY JELLY MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE OATMEAL OR COLD CEREAL SCRAMBLED EGGS RAISIN OR REGULAR TOAST MILK COFFEE/CREAMER/SUGAR ORANGE SLICES	JUICE MALT O MEAL PANCAKES WITH SYRUP BACON MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE CEREAL OF CHOICE TOASTED BAGEL WITH CREAM CHEESE, CHEESE, BUTTER CANADIAN BACON COFFEE/CREAMER/SUGAR MILK FRUIT	JUICE OATMEAL OR COLD CEREAL BAKERY ROLL BOILED EGG MILK FRUIT COFFEE/CREAMER/SUGAR	JUICE CEREAL OF CHOICE FRIED EGGS AND SAUSAGE TOASTED ENGLISH MUFFIN MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE CEREAL BY REQUEST SCRAMBLED EGGS TOAST OR MUFFIN COFFEE/CREAMER/SUGAR FRESH ORANGE SLICES
DINNER						
SCALLOPED POTATOES AND HAM STEWED TOMATOES LAYERED CAKE COFFEE/CREAMER/SUGAR MILK	CHICKEN CHOW MEIN CHOW MEIN NOODLES RICE CORN PASTRY ROLL MILK COFFEE/CREAMER/SUGAR	TACO BAR WITH VARIOUS TOPPINGS, TACO SHELLS, TACO SAUCE, LETTUCE TACO ICE CREAM MILK, JUICE, COFFEE	RUBEN SANDWICH ON RYE WITH SAUERKRAUT, SWISS CHEESE CHIPS FROSTED CAKE MILK, JUICE, COFFEE	CRAB CAKE BAKED POTATO SOUR CREAM, BUTTER PEAS AND CARROTS DESSERT BAR -NOT BROWNIE COFFEE/CREAMER/SUGAR MILK	SWISS STEAK WITH TOMATO SAUCE MASHED POTATOES AND BUTTER BOILED CABBAGE ANGEL FOOD CAKE WITH FRUIT TOPPING MILK	TURKEY AL A KING OVER A BISCUIT CRANBERRY SAUCE PICKLES PIE MILK, JUICE, COFFEE
SALISBURY STEAK MASHED POTATOES AND GRAVY CAULIFLOWER	MEATBALLS MASHED POTATOES AND GRAVY PEAS	CHICKEN BREAST MASHED POTATOES AND GRAVY CARROTS	SALISURBY STEAK MASHED POTATOES AND GRAVY CREAMED CORN	MEAT LOAF CALIFORNIA BLEND VEGETABLE MASHED POTATOES AND GRAVY	PORK ROAST IN BROTH CORN TRI COLORED POTATOES	ROAST BEEF MASHED POTATOES AND GRAVY GREEN BEANS
LASAGNA BREAD STICK WAX BEANS DESSERT MILK COFFEE/CREAMER/SUGAR ICE CREAM CONE	BBQ PORK ON A BUN POTATO CHIPS COLE SLAW DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR PUDDING	GOULASH SQUASH PICKLES BROWNIE MILK COFFEE/CREAMER/SUGAR	CHILI WITH CORN BREAD MUFFIN LETTUCE SALAD/DRESSING BREAD AND BUTTER PICKLES COOKIE MILK/COFFEE	TUNA MACARONI SALAD PICKLES DINNER ROLL/BUTTER DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR FRUIT-PEACHES OR PEARS	BAKED BEANS HOT DOG ON A BUN FRENCH FRIES PICKLES DESSERT VARIETY MILK ICE CREAM	CHICKEN NUGGETS HASHBROWNS STEWED TOMATOES DESSERT VARIETY MILK, JUICE, COFFEE CREAM PUFF
OR						
CHICKEN SALAD SANDWICH LETTUCE SALAD	POTATO CHEESE CHOWDER CRACKERS	TUNA FISH SANDWICH PASTA SALAD	TURKEY SANDWICH POTATO SALAD	CHICKEN PATTIE ON A BUN TATER TOTS	HAM SALAD SANDWICH COLE SLAW	EGG SALAD SANDWICH PASTA SALAD/PICKLES

** Good Nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well balanced diet. Your daily menu may vary slightly due to the special diet ordered by your physician. Please feel free to ask any questions you may have regarding your menu, diet, or service. ** **(Please note menus are subject to change)****

J. Haug R.D.

Dietary Manager: Marty Nyhus CDSM/CFPP