Week 1 Regular

TUESDAY 6/15	WEDNESDAY 6/16	THURSDAY 6/17	FRIDAY 6/18	SATURDAY 6/19	SUNDAY 6/20
		JUICE	JUICE	JUICE	JUICE
CEREAL OF CHOICE	CREAM OF WHEAT	CEREAL OF CHOICE	MALT O MEAL	CEREAL OF CHOICE	CEREAL OF CHOICE
TOASTED BAGEL WITH CREAM	FRIED EGG WITH BACON	BISCUIT WITH SAUSAGE GRAVY	OMELET	FRENCH TOAST WITH SYRUP	EGG MCMUFFIN WITH
CHEESE, BUTTER	TOAST		MUFFIN OR TOAST	BACON	SAUSAGE PATTIE, CHEESE
CANADIAN BACON	COFFEE/CREAMER/SUGAR	MILK	MILK	BUTTER	
COFFEE/MILK/JUICE	MILK	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR
FRUIT	FRUIT	FRUIT	FRUIT	MILK	MILK
				FRUIT	FRUIT
TURKEY HOT DISH	BUILD A BURGER WITH	CHICKEN ALFREDO OVER	SHRIMP	COUNTRY STYLE BONELESS PORK	FRIED CHICKEN
CRANBERRY SAUCE	VARIOUS TOPPINGS	NOODLES	AU GRATIN POTATOES	RIB	RICE PIILAF
	CHIPS	GREEN BEANS	CUCUMBER SALAD	MACARONI AND CHEESE	CREAMED CORN
PICKLES	PASTRY DESSERT	BREADSTICK	CREAM PIE	STEWED TOMATOES	PIE
STRUDEL STICK		LAYERED CAKE	COFFEE/CREAMER/SUGAR	GERMAN CHOCOLATE CAKE	COFFEE/CREAMER/SUGAR
COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	MILK, JUICE	COFFEE/CREAMER/SUGAR	MILK
MILK	MILK	MILK, JUICE		MILK	
LIVER	FISH	ROAST BEEF	MEAT LOAF	ROAST BEEF	SALISBURY STEAK
MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAYV
PEAS	CARROTS	SQUASH	CORN	CAULIFLOWER	BEETS
SLOPPY JOE ON A BUN	BAKED BEANS	BBQ PORK RIB	TUNA CASSEROLE	BEEF STEW	TATAR TOT HOT DISH
HASH BROWNS	HOT DOG ON A DUN	FRIED POTATOES	PEAS	BISCUIT WITH BUTTER	CALIFORNIA BLEND VEGETABLE
COLE SLAW	FRENCH FRIES	PICKLES	DESSERT VARIETY	PICKLES	
DESSERT VARIETY		1 '			DESSERT VARIETY
	MILK				COFFEE/CREAMER/SUGAR
		JELL-O CUBES WITH TOPPING	BANANA BREAD	1	MILK
CE CREAM				LEFT OVER DESSERTS OR COOKIE	VANILLA PUDDING
CHEF SALAD	MEAT SANDWICH	CHEESE SOUP	CHICKEN NUGGETS	MEAT AND CHEESE SANDWICH	HAM SALAD SANDWICH
DINNER ROLL	LETTUCE SALAD WITH DRESSING	CRACKERS	SEASONED DICED POTATOES	POTATO TRIANGLE	POTATO CHIPS
	PICKLES		YELLOW BEANS		PICKLES
	TOASTED BAGEL WITH CREAM CHEESE, BUTTER CANADIAN BACON COFFEE/MILK/JUICE FRUIT FURKEY HOT DISH CRANBERRY SAUCE PICKLES STRUDEL STICK COFFEE/CREAMER/SUGAR MILK LIVER MASHED POTATOES AND GRAVY PEAS SLOPPY JOE ON A BUN HASH BROWNS COLE SLAW DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK CE CREAM	FRIED EGG WITH BACON TOASTED BAGEL WITH CREAM CHEESE, BUTTER CANADIAN BACON COFFEE/CREAMER/SUGAR MILK FRUIT FURKEY HOT DISH CRANBERRY SAUCE PICKLES PICKLES STRUDEL STICK COFFEE/CREAMER/SUGAR MILK LIVER MASHED POTATOES AND GRAVY PEAS CARROTS SLOPPY JOE ON A BUN HASH BROWNS COLE SLAW DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK BAKED BEANS HOT DOG ON A DUN FRENCH FRIES PUDDING PARFAIT WITH TOPPING MILK CHEF SALAD DINNER ROLL FRIED EGG WITH BACON TOAST	CEREAL OF CHOICE COASTED BAGEL WITH CREAM CHESSE, BUTTER CANADIAN BACON COFFEE/CREAMER/SUGAR MILK COFFEE/CREAMER/SUGAR MILK COFFEE/CREAMER/SUGAR MILK COFFEE/CREAMER/SUGAR MILK COFFEE/CREAMER/SUGAR MILK COFFEE/CREAMER/SUGAR MILK COFFEE/CREAMER/SUGAR FRUIT FRUIT CHICKEN ALFREDO OVER NOODLES GREEN BEANS PASTRY DESSERT BREADSTICK LAYERED CAKE COFFEE/CREAMER/SUGAR MILK COFFEE/CREAMER/SUGAR MILK COFFEE/CREAMER/SUGAR MILK MILK COFFEE/CREAMER/SUGAR MILK MILK COFFEE/CREAMER/SUGAR MILK MILK MASHED POTATOES AND GRAVY PEAS CARROTS SUQASH BACOLE SLAW DESSERT WITH COFFEE/CREAMER/SUGAR MILK MASHED POTATOES AND GRAVY CARROTS BACOLE SLAW DESSERT WITH MASHED POTATOES POTATOES AND GRAVY DESSERT BROWNS HOT DOG ON A DUN FRENCH FRIES PUDDING PARFAIT WITH TOPPING MILK COFFEE/CREAMER/SUGAR MILK MILK COFFEE/CREAMER/SUGAR MILK CHEESE SOUP CRACKERS	CREAL OF CHOICE COASTED BAGEL WITH CREAM COFFEE/CREAMER/SUGAR FRUIT FRUIT CHICKEN ALFREDO OVER CHIPS CRANBERRY SAUCE CHIPS CHIPS CHICKEN ALFREDO OVER CHIPS CHICKEN ALGREN/SUGAR COCFFEE/CREAMER/SUGAR CUCUMBER SALAD CHICKEN ALGREN/SUGAR MILK, JUICE COFFEE/CREAMER/SUGAR MILK COFFEE/CREAMER/S	CEREAL OF CHOICE COASTED BAGGEL WITH CRAM FIRED EGG WITH BACON TOAST TOAST TOAST TOAST COFFEE/CREAMER/SUGAR COHIPS GREEN BEANS CUCUMBER SALAD MACARONI AND CHEESE STRUDEL STICK COFFEE/CREAMER/SUGAR MILK MILK MILK MILK MILK MILK COFFEE/CREAMER/SUGAR COFFEE/CREAMER/SUGAR MACARONI AND CHEESE STEWED TOMATOES STRUDEL STICK COFFEE/CREAMER/SUGAR MILK MILK

^{**} Good Nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well balanced diet. Your daily menu may vary slightly due to the special diet ordered by your physician. Please feel free to ask any questions you may have regarding your menu, diet, or service.

J. Haug R.D.

Dietary Manager: Marty Nyhus CDSM/CFPP

^{** (}Please note menus are subject to change)**

Week 2 Regular

MONDAY 6/21	TUESDAY 6/22	WEDNESDAY 6/23	THURSDAY 6/24	FRIDAY 6/25	SATURDAY 6/26	SUNDAY 6/27
BREAKFAST						
JUICE	JUICE	JUICE	JUICE	JUICE	JUICE	JUICE
OATMEAL	CEREAL BY REQUEST	MALT O MEAL OR COLD CEREAL	OATMEAL	CREAM OF WHEAT	CEREAL BY REQUEST	CEREAL BY REQUEST
OMELET TOAST OR MUFFIN	FRIED EGGS WITH BACON TOAST WITH BUTTER	PANCAKES WITH SYRUP SAUSAGE PATTIES	SCRAMBLED EGGS TOAST WITH BUTTER	EGG BAKE TOAST WITH BUTTER	FRENCH TOAST STICKS SAUSAGAE PATTIE	PANCAKE ON A STICK SYRUP
ORANGE SLICES	FRUIT	MILK	MILK	MILK		005555405544554045
COFFEE/CREAMER/SUGAR MILK/COFFEE/WATER	COFFEE/CREAMER/SUGAR MILK	COFFEE/CREAMER/SUGAR FRUIT	COFFEE/CREAMER/SUGAR FRESH ORANGE SLICES	COFFEE/CREAMER/SUGAR FRUIT	COFFEE/CREAMER/SUGAR FRUIT MILK	COFFEE/CREAMER/SUGAR FRUIT MILK
DINNER						
SPAGHETTI WITH MEAT SAUCE GREEN BEANS GARLIC BREAD/STICK SHERBET	SAUERKRAUT WITH POLISH SAUSAGE MASHED POTATOES AND BUTTER BUTTER	BAKED POTATO BAR WITH VARIOUS TOPPINGS LIKE CHEESE, SOUR CREAM, ONIONS, CHILI, DICED TOMATOES, BACON	CHICKEN KIEV RICE PILAF ASPARAGUS BAKED APPLE	SALMON MASHED POTATOES AND GRAVY MIXED VEGETABLE CHEESE CAKE	BEEF BRISKET HASH BROWN CASSEROLE CUCUMBER SALAD JELL-O PARFAIT	CHICKEN AND STUFFING HOT DISH CRANBERRY SAUCE PIE
MILK/COFFEE/WATER	FRUIT FILLED TURNOVER MILK, COFFEE, CREAMER	CRUMBS ICE CREAM TREAT MILK, COFFEE, JUICE	MILK COFFEE/CREAMER/SUGAR	MILK COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR MILK	COFFEE/CREAMER/SUGAR MILK
HAM	MEATLOAF	HAM	FISH	BBQ CHICKEN NUGGETS	TURKEY	MEAT BALLS
MASHED POTATOES AND GRAVY	SQUASH	MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAVY	RED POTATOES AND BUTTER	MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAVY
PEAS AND CARROTS	WHOLE POTATOES AND GRAVY	CAULIFLOWER WITH CHEESE	BEETS	BROCCOLI CAULIFLOWER BLEND	CORN	BROCCOLI
SUPPER	OUROVEN AND BIOS HOT BIOLI	OUEFOE DUDOED ON A DUN	DAGONI ETTUGE TOMATO	OLUL LAUTH OD A OKEDO	VEGETARI E REFE COUR	FIGUROAN IDVATION
CHICKEN DRUMMIES FRIED POTATOES	CHICKEN AND RICE HOT DISH STEWED TOMATOES	CHEESE BURGER ON A BUN PEA AND CHEESE SALAD	BACON LETTUCE TOMATO SANDWICH	CHILI WITH CRACKERS CORN BREAD WITH HONEY	VEGETABLE BEEF SOUP CRACKERS	FISH SANDWICH SEASONED DICED POTATOES
CORN	STEWED TOWATOES	FRENCH FRIES COFFEE/CREAMER/SUGAR	CHIPS	LETTUCE SALAD DESSERT VARIETY	MEAT SANDWICH PICKLES	PEAS AND CARROTS
PEACHES	DESSERT VARIETY MILK, COFFEE, CREAMER DESSERT BAR	MILK PUDDING	MILK, COFFEE FRESH FRUIT	MILK COFFEE/CREAMER/SUGAR RICE KRISPIE BAR	COFFEE/CREAMER/SUGAR DESSERT VARIETY BROWNIE	MILK, COFFEE, JUICE DESSERT/COOKIE
ALTERNATE SUPPER						
BROCOLLI CHEESE SOUP CRACKERS	EGG SALAD SANDWICH LETTUCE SALAD	MEAT SANDWICH PASTA SALAD	CHICKEN NOODLE SOUP CRACKERS	TUNA SALAD SANDWICH POTATO SALAD PICKLES	COTTAGE CHEESE AND FRUIT PLATE DINNER ROLL	MEAT SANDWICH COLESLAW PICKLES

^{**} Good Nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well balanced diet. Your daily menu may vary slightly due to the special diet ordered by your physician. Please feel free to ask any questions you may have regarding your menu, diet, or service.

**

(Please note menus are subject to change)**

J. Haug R.D. Dietary Manager: Marty Nyhus CDSM/CFPP

Week 3 Regular

FOURTH OF JULY

MONDAY 6/28	TUESDAY 6/29	WEDNESDAY 6/30	THURSDAY 7/1	TUESDAY 7/2	SATURDAY 7/3	SUNDAY 7/4
BREAKFAST						
JUICE	JUICE	JUICE	JUICE	JUICE	JUICE	JUICE
CREAM OF WHEAT	OATMEAL OR COLD CEREAL	MALT O MEAL	CEREAL OF CHOICE	OATMEAL OR COLD CEREAL	CEREAL OF CHOICE	CEREAL BY REQUEST
BISCUIT WITH SAUSAGE GRAVY	SCRAMBLED EGGS	PANCAKES WITH SYRUP	EGG BAKE	FRENCH TOAST/SYRUP	FRIED EGGS AND SAUSAGE	SCRAMBLED EGGS
	TOAST	BACON	TOAST OR MUFFIN	BACON	TOASTED ENGLISH MUFFIN	
JELLY	MILK			MILK	MILK	TOAST OR MUFFIN
MILK	COFFEE/CREAMER/SUGAR	MILK	COFFEE/CREAMER/SUGAR	FRUIT	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR
COFFEE/CREAMER/SUGAR	ORANGE SLICES	COFFEE/CREAMER/SUGAR	MILK	COFFEE/CREAMER/SUGAR	FRUIT	FRESH ORANGE SLICES
FRUIT		FRUIT	FRUIT			
DINNER						
MACARONI SALAD WITH	CHICKEN CHOW MEIN	TACO BAR WITH VARIOUS	BRAT ON A BUN	CRAB CAKE	RAVIOLI	FRIED CHICKEN
HAM AND PEAS	CHOW MEIN NOODLES	TOPPINGS, TACO SHELLS,	GERMAN POTATO SALAD	BAKED POTATO	WITH TOMATO SAUCE	POTATO SALAD
DINNER ROLL	RICE	TACO SAUCE, LETTUCE	ONION RINGS	SOUR CREAM, BUTTER	CORN	PEA ANS CHEESE SALAD
PUDDING	CORN	REFRIED BEANS	ANGEL FOOD CAKE WITH	CREAMED PEAS		WATERMELON SLICE
	PASTRY ROLL	ICE CREAM TREAT	TOPPING	GERMAN CHOCOLATE CAKE	CHEESE CAKE	
COFFEE/CREAMER/SUGAR	MILK	MILK, JUICE, COFFEE	MILK, JUICE, COFFEE			
MILK	COFFEE/CREAMER/SUGAR			MILK, COFFEE, JUICE	MILK	MILK, JUICE, COFFEE
SALISBURY STEAK	MEATBALLS	CHICKEN BREAST	MEAT LOAF	HAMBURGER STEAK	PORK ROAST IN BROTH	
MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAYV	MASHED POTATOES AND GRAVY	CALIFORNIA BLEND VEGETABLE	BEETS	
CAULIFLOWER	PEAS	CARROTS	CREAMED CORN	MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAVY	
CAGEII EGWEIX	I LAG	CARROTS	CICLAIVIED COIN	MASTIED FOTATOES AND GRAVT	WASHED FOTATOES AND GIVAVT	
LASAGNA	BBQ PORK ON A BUN	GOULASH	CHILI WITH CORN BREAD MUFFIN	TUNA MACARONI SALAD	BAKED BEANS	WILD RICE SOUP/CRACKERS
BREAD STICK	POTATO CHIPS	SQUASH	LETTUCE SALAD/DRESSING	DINNER ROLL	HOT DOG ON A BUN	EGG SALAD SANDWICH
WAX BEANS	COLE SLAW	PICKLES		CUCUMBER SALAD	FRENCH FRIES	
BANANA BREAD	DESSERT VARIETY	BROWNIE	BREAD AND BUTTER PICKLES		PICKLES	DESSERT VARIETY
DESSERT	MILK	MILK	COOKIE	DESSERT	DESSERT VARIETY	MILK, JUICE, COFFEE
MILK	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	MILK/COFFEE	COFFEE/CREAMER/SUGAR	MILK	
COFFEE/CREAMER/SUGAR	WHIPPED FRUT DESSERT			FRUIT-PEACHES OR PEARS	PUDDING	CREAM PUFF
OR						
CHICKEN SALAD SANDWICH	CHEESE SOUP	TUNA SALAD SANDWICH	TURKEY SANDWICH	CREAM OF POTATO SOUP	HAM SALAD SANDWICH	MEAT AND CHEESE SANDWICH
LETTUCE SALAD	CRACKERS	LETTUCE SALAD/DRESSING	POTATO SALAD	PICKLED BEETS	COLE SLAW	PASTA SALAD/PICKLES

^{**} Good Nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well balanced diet. Your daily menu may vary slightly due to the special diet ordered by your physician. Please feel free to ask any questions you may have regarding your menu, diet, or service.

** (Please note menus are subject to change)**

J. Haug R.D. Dietary Manager: Marty Nyhus CDSM/CFPP

Week 4

MONDAY 7/5	TUESDAY 7/6	WEDNESDAY 7/7	THURSDAY 7/8	FRIDAY 7/9	SATURDAY 7/10	SUNDAY 7/11
BREAKFAST						
JUICE	JUICE	JUICE	JUICE	JUICE	JUICE	JUICE
CEREAL OF CHOICE	MALT O MEAL	CEREAL OF CHOICE	CEREAL BY REQUEST	MALT O MEAL	OATMEAL OR COLD CEREAL	CREAM OF WHEAT
BISCUIT WITH SAUSAGE GRAVY	FRIED EGGS WITH BACON	CHEESY SCRAMBLED EGGS	BELGIAN WAFFLE/SYRUP	OMELET	SCRAMBLED EGGS	CREAMED CHIPPED BEEF
	TOAST	TOAST WITH BUTTER	BACON	TOAST OR MUFFIN	TOAST	OVER A BISCUIT
COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR		MILK	MILK	
MILK	MILK	MILK	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	FRUIT
FRUIT	FRUIT	FRESH ORANGE SLICES	FRUIT	FRUIT	FRUIT	
DINNER						
COUNTRY FRIED STEAK	SWEET AND SOUR CHICKEN	RUBEN SANDWICH WITH CHEESE	ROAST BEEF COMMERCIAL WITH	CITRUS PEPPERCORN TILAPIA	FRIED CHICKEN	HAM
MASHED POTATOES AND GRAVY	RICE	SAUERKRAUT AND	MASHED POTATOES AND GRAVY	AU GRATIN POTATOES	RICE PILAF	MASHED POTATOES AND
BROCCOLI		THOUSAND ISLAND DRESSING	CREAMED CORN	ASPARAGUS	CUCUMBER SALAD	GRAVY
SOUR CREAM, BUTTER	BREAD STICK		MONDAY			SCALLOPED CORN
FRUIT TART	CREAM PIE	MUFFIN	FRUIT COBBLER	ANGEL FOOD CAKE WITH TOPPING	DESSERT BAR	PIE
COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	MILK, JUICE			COFFEE/CREAMER/SUGAR	
MILK	MILK	COFFEE/CREAMER/SUGAR		MILK/JUICE	MILK	MILK, COFFEE, JUICE
OR			İ	COFFEE/CREAMER/SUGAR		
FISH	MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAVY	TURKEY	SALISBURY STEAK	MASHED POTATOES AND GRAVY	TURKEY
SQUASH	PORK ROAST	MEATBALLS	SWEET POTATOES	MASHED POTATOES AND GRAVY	ROAST BEEF	SWEET POTATOES
BAKED POTATO, SOUR CREAM	GREEN BEANS	BEETS	CALIFORNIA BLEND VEGETABLES	CARROTS	GREEN BEANS	CRANBERRY SAUCE
SUPPER						
PANCAKES WITH SYRUP	SPLIT PEA SOUP	FISH AND CHIPS	LASAGNA ROLL UP	CREAM OF POTATO SOUP	PIZZA	CHICKEN DRUMMIES
SAUSAGE LINKS	CRACKERS	PEA AND CHEESE SALAD	CAULIFLOWER	CRACKERS	LETTUCE SALAD/DRESSING	MACARONI AND CHEESE
	HAM SALAD SANDWICH	PICKLES	BREAD STICK	MEAT SANDWICH	PICKLES	PEAS AND CARROTS
	PICKLES			PICKLED BEETS		
MILK	COFFEE/CREAMER/SUGAR	DESSERT VARIETY	DESSERT VARIETY	DESSERT VARIETY	MILK	
COFFEE/CREAMER/SUGAR	MILK	COFFEE/CREAMER/SUGAR	MILK/JUICE	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR	COFFEE/CREAMER/SUGAR
		MILK	COFFEE/CREAMER/SUGAR	MILK	BUTTERSCOTCH PUDDING	MILK
ICE CREAM TREAT	TURNOVER	SHERBET	JELL-0 CUBES WITH TOPPING	FRUIT COCKTAIL		COOKIE
OR						
CHICKEN NOODLE SOUP	COTTAGE CHEESE AND FRUIT	MEAT AND CHEESE SANDWICH	MEAT SANDWICH	TUNA MACARONI SALAD	ROAST BEEF SANDWICH	MEAT SANDWICH
CRACKERS	PLATE	LETTUCE SALAD/DRESSING	PASTA SALAD	DINNER ROLL	POTATO SALAD	POTATO SALAD
COLESLAW	DINNER ROLL					

^{**} Good Nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well balanced diet. Your daily menu may vary slightly due to the special diet ordered by your physician. Please feel free to ask any questions you may have regarding your menu, diet, or service.

** (Please note menus are subject to change)**

J. Haug R.D.