

Week 1  
Regular

MONDAY 2/22	TUESDAY 2/23	WEDNESDAY 2/24	THURSDAY 2/25	FRIDAY 2/26	SATURDAY 2/27	SUNDAY 2/28
<b>BREAKFAST</b>						
JUICE CEREAL OF CHOICE BREAKFAST POTATO SAUSAGE SKILLET  COFFEE/CREAMER/SUGAR FRUIT MILK	CEREAL OF CHOICE TOASTED BAGEL WITH CREAM CHEESE, BUTTER CANADIAN BACON COFFEE/MILK/JUICE FRUIT	CREAM OF WHEAT FRIED EGG WITH BACON TOAST COFFEE/CREAMER/SUGAR MILK FRUIT	JUICE CEREAL OF CHOICE BISCUIT WITH SAUSAGE GRAVY  MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE MALT O MEAL OMELET MUFFIN OR TOAST MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE CEREAL OF CHOICE FRENCH TOAST WITH SYRUP BACON BUTTER COFFEE/CREAMER/SUGAR MILK FRUIT	JUICE CEREAL OF CHOICE EGG MCMUFFIN WITH SAUSAGE PATTIE, CHEESE  COFFEE/CREAMER/SUGAR MILK FRUIT
<b>DINNER</b>						
BEEF STROGANOFF OVER NOODLES BROCCOLI  DESSERT BAR MILK COFFEE/CREAMER/SUGAR	TURKEY HOT DISH CRANBERRY SAUCE  PICKLES STRUDEL STICK COFFEE/CREAMER/SUGAR MILK	BUILD A BURGER WITH VARIOUS TOPPINGS CHIPS PASTRY DESSERT  COFFEE/CREAMER/SUGAR MILK	CABBAGE ROLL WITH TOMATO SAUCE BREAD STICK LAYERED CAKE  COFFEE/CREAMER/SUGAR MILK, JUICE	SHRIMP AU GRATIN POTATOES BROCCOLI  CREAM PIE COFFEE/CREAMER/SUGAR MILK, JUICE	COUNTRY STYLE BONELESS PORK RIB MACARONI AND CHEESE STEWED TOMATOES GERMAN CHOCOLATE CAKE COFFEE/CREAMER/SUGAR MILK	FRIED CHICKEN RICE PILAF CREAMED CORN  PIE COFFEE/CREAMER/SUGAR MILK
<b>OR</b>						
FISH STICKS MASHED POTATOES AND GRAVY SQUASH	LIVER MASHED POTATOES AND GRAVY PEAS	FISH MASHED POTATOES AND GRAVY CARROTS	ROAST BEEF MASHED POTATOES AND GRAVY SQUASH	MEAT LOAF MASHED POTATOES AND GRAVY CORN	ROAST BEEF MASHED POTATOES AND GRAVY CAULIFLOWER	SALISBURY STEAK MASHED POTATOES AND GRAYV BEETS
<b>SUPPER</b>						
GRILLED CHICKEN BREAST ON A BUN TOMATO, ONION, LETTUCE  SEASONED DICED POTATOES  PEACHES	SLOPPY JOE ON A BUN HASH BROWNS COLE SLAW DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK ICE CREAM	PHILLY CHEESESTEAK CASSEROLE LETTUCE SALAD WITH DRESSING  PUDDING PARFAIT WITH TOPPING MILK	BBQ PORK RIB FRIED POTATOES PICKLES MILK, JUICE COFFEE/CREAMER/SUGAR JELL-O CUBES WITH TOPPING	TUNA CASSEROLE PEAS DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR BANANA BREAD	BEEF STEW BISCUIT WITH BUTTER PICKLES DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK LEFT OVER DESSERTS OR COOKIE	TATAR TOT HOT DISH CALIFORNIA BLEND VEGETABLE  DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK VANILLA PUDDING
<b>OR</b>						
EGG SALAD SANDWICH  PICKLES	CHEF SALAD DINNER ROLL	MEAT SANDWICH POTATO SALAD PICKLES	CHEESE SOUP CRACKERS	CHICKEN NUGGETS TRICOLORED POTATOES YELLOW BEANS	MEAT AND CHEESE SANDWICH POTATO TRIANGLE	HAM SALAD SANDWICH POTATO CHIPS PICKLES

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\*\* (Please note menus are subject to change)\*\*

J. Haug R.D.

Dietary Manager: Marty Nyhus CDSM/CFPP

Week 2  
Regular

MONDAY 3/1	TUESDAY 3/2	WEDNESDAY 3/3	THURSDAY 3/4	FRIDAY 3/5	SATURDAY 3/6	SUNDAY 3/7
<b>BREAKFAST</b>						
JUICE OATMEAL OMELET TOAST OR MUFFIN ORANGE SLICES COFFEE/CREAMER/SUGAR MILK/COFFEE/WATER	JUICE CEREAL BY REQUEST PANCAKES WITH SYRUP BACON FRUIT COFFEE/CREAMER/SUGAR MILK	JUICE MALT O MEAL OR COLD CEREAL FRIED EGGS/SAUSAGE PATTIE TOAST WITH BUTTER MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE OATMEAL SCRAMBLED EGGS TOAST WITH BUTTER MILK COFFEE/CREAMER/SUGAR FRESH ORANGE SLICES	JUICE CREAM OF WHEAT EGG BAKE TOAST WITH BUTTER MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE CEREAL BY REQUEST FRENCH TOAST STICKS SAUSAGAE PATTIE  COFFEE/CREAMER/SUGAR FRUIT MILK	JUICE CEREAL BY REQUEST PANCAKE ON A STICK SYRUP  COFFEE/CREAMER/SUGAR FRUIT MILK
<b>DINNER</b>						
SPAGHETTI WITH MEAT SAUCE GREEN BEANS GARLIC BREAD/STICK SHERBET  MILK/COFFEE/WATER	SAUERKRAUT WITH POLISH SAUSAGE MASHED POTATOES AND BUTTER BUTTER FRUIT FILLED TURNOVER MILK, COFFEE, CREAMER	BAKED POTATO BAR WITH VARIOUS TOPPINGS LIKE CHEESE, SOUR CREAM, ONIONS, CHILI, DICED TOMATOES , BACON CRUMBS ICE CREAM TREAT  MILK, COFFEE, JUICE	CHICKEN KIEV RICE PILAF ASPARAGUS BAKED APPLE MILK COFFEE/CREAMER/SUGAR	SALMON MASHED POTATOES AND GRAVY MIXED VEGETABLE CHEESE CAKE  MILK COFFEE/CREAMER/SUGAR	BEEF BRISKET HASH BROWN CASSEROLE GREEN BEANS JELL-O PARFAIT  COFFEE/CREAMER/SUGAR MILK	CHICKEN AND STUFFING HOTDISH CRANBERRY SAUCE PIE COFFEE/CREAMER/SUGAR MILK
HAM MASHED POTATOES AND GRAVY PEAS AND CARROTS	MEATLOAF SQUASH WHOLE POTATOES AND GRAVY	HAM MASHED POTATOES AND GRAVY CAULIFLOWER WITH CHEESE	FISH MASHED POTATOES AND GRAVY BEETS	BBQ CHICKEN NUGGETS RED POTATOES AND BUTTER BROCCOLI CAULIFLOWER BLEND	TURKEY MASHED POTATOES AND GRAVY CORN	MEAT BALLS MASHED POTATOES AND GRAVY BROCCOLI
<b>SUPPER</b>						
CHICKEN DRUMMIES FRIED POTATOES CORN  PEACHES	CHICKEN AND RICE HOT DISH STEWED TOMATOES  DESSERT VARIETY MILK, COFFEE, CREAMER DESSERT BAR	CHEESE BURGER ON A BUN PEA AND CHEESE SALAD FRENCH FRIES COFFEE/CREAMER/SUGAR MILK PUDDING	BACON LETTUCE TOMATO SANDWICH CHIPS  MILK, COFFEE FRESH FRUIT	CHILI WITH CRACKERS CORN BREAD WITH HONEY LETTUCE SALAD DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR RICE KRISPIE BAR	VEGETABLE BEEF SOUP CRACKERS MEAT SANDWICH PICKLES COFFEE/CREAMER/SUGAR DESSERT VARIETY BROWNIE	FISH SANDWICH SEASONED DICED POTATOES PEAS AND CARROTS  MILK, COFFEE, JUICE DESSERT/COOKIE
<b>ALTERNATE SUPPER</b>						
TOMATO SOUP CRACKERS	EGG SALAD SANDWICH LETTUCE SALAD	MEAT SANDWICH PASTA SALAD	CHICKEN NOODLE SOUP CRACKERS	TUNA SALAD SANDWICH POTATO SALAD PICKLES	COTTAGE CHEESE AND FRUIT PLATE DINNER ROLL	MEAT SANDWICH COLESLAW PICKLES

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Dietary Manager: Marty Nyhus CDSM/CFPP

Week 3  
Regular

MONDAY 3/8	TUESDAY 3/9	WEDNESDAY 3/10	THURSDAY 3/11	FRIDAY 3/12	SATURDAY 3/13	SUNDAY 3/14
<b>BREAKFAST</b>						
JUICE CREAM OF WHEAT BISCUIT WITH SAUSAGE GRAVY  JELLY MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE OATMEAL OR COLD CEREAL SCRAMBLED EGGS TOAST MILK COFFEE/CREAMER/SUGAR ORANGE SLICES	JUICE MALT O MEAL PANCAKES WITH SYRUP BACON  MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE CEREAL OF CHOICE EGG BAKE TOAST OR MUFFIN  COFFEE/CREAMER/SUGAR MILK FRUIT	JUICE OATMEAL OR COLD CEREAL FRENCH TOAST/SYRUP BACON MILK FRUIT COFFEE/CREAMER/SUGAR	JUICE CEREAL OF CHOICE FRIED EGGS AND SAUSAGE TOASTED ENGLISH MUFFIN MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE CEREAL BY REQUEST SCRAMBLED EGGS  TOAST OR MUFFIN COFFEE/CREAMER/SUGAR FRESH ORANGE SLICES
<b>DINNER</b>						
SCALLOPED POTATOES AND HAM STEWED TOMATOES DINNER ROLL/BUTTER PUDDING COFFEE/CREAMER/SUGAR MILK	CHICKEN CHOW MEIN CHOW MEIN NOODLES RICE CORN PASTRY ROLL MILK COFFEE/CREAMER/SUGAR	TACO BAR WITH VARIOUS TOPPINGS, TACO SHELLS, TACO SAUCE, LETTUCE REFRIED BEANS ICE CREAM TREAT MILK, JUICE, COFFEE	BRAT ON A BUN GERMAN POTATO SALAD ONION RINGS ANGEL FOOD CAKE WITH TOPPING MILK, JUICE, COFFEE	CRAB CAKE BAKED POTATO SOUR CREAM, BUTTER PEAS GERMAN CHOCOLATE CAKE  MILK, COFFEE, JUICE	STUFFED GREEN PEPPERS WITH TOMATO SAUCE CORN  CHEESE CAKE  MILK	TURKEY ALA KING OVER A BISCUIT CRANBERRY SAUCE PICKLES PIE  MILK, JUICE, COFFEE
SALISBURY STEAK MASHED POTATOES AND GRAVY CAULIFLOWER	MEATBALLS MASHED POTATOES AND GRAVY PEAS	CHICKEN BREAST MASHED POTATOES AND GRAYV CARROTS	MEAT LOAF MASHED POTATOES AND GRAVY CREAMED CORN	HAMBURGER STEAK CALIFORNIA BLEND VEGETABLE MASHED POTATOES AND GRAVY	PORK ROAST IN BROTH BEETS MASHED POTATOES AND GRAVY	ROAST BEEF MASHED POTATOES ANG GRAVY GREEN BEANS
LASAGNA BREAD STICK WAX BEANS BANANA BREAD DESSERT MILK COFFEE/CREAMER/SUGAR	BBQ PORK ON A BUN POTATO CHIPS COLE SLAW DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR WHIPPED FRUT DESSERT	GOULASH SQUASH PICKLES BROWNIE MILK COFFEE/CREAMER/SUGAR	CHILI WITH CORN BREAD MUFFIN LETTUCE SALAD/DRESSING  BREAD AND BUTTER PICKLES COOKIE MILK/COFFEE	TUNA MACARONI SALAD DINNER ROLL  DESSERT COFFEE/CREAMER/SUGAR FRUIT-PEACHES OR PEARS	BAKED BEANS HOT DOG ON A BUN FRENCH FRIES PICKLES DESSERT VARIETY MILK PUDDING	WILD RICE SOUP/CRACKERS EGG SALAD SANDWICH  DESSERT VARIETY MILK, JUICE, COFFEE  CREAM PUFF
<b>OR</b>						
CHICKEN SALAD SANDWICH LETTUCE SALAD	CHEESE SOUP CRACKERS	TUNA SALAD SANDWICH LETTUCE SALAD/DRESSING	TURKEY SANDWICH POTATO SALAD	CREAM OF POTATO SOUP PICKLED BEETS	HAM SALAD SANDWICH COLE SLAW	MEAT AND CHEESE SANDWICH PASTA SALAD/PICKLES

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Week 4

MONDAY 3/15	TUESDAY 3/16	WEDNESDAY 3/17	THURSDAY 3/18	FRIDAY 3/19	SATURDAY 3/20	SUNDAY 3/21
<b>BREAKFAST</b>		ST PATRICK'S DAY				
JUICE CEREAL OF CHOICE BISCUIT WITH SAUSAGE GRAVY  COFFEE/CREAMER/SUGAR MILK FRUIT	JUICE MALT O MEAL FRIED EGGS WITH BACON TOAST COFFEE/CREAMER/SUGAR MILK FRUIT	JUICE CEREAL OF CHOICE CHEESY SCRAMBLED EGGS TOAST OR BUTTER COFFEE/CREAMER/SUGAR MILK FRESH ORANGE SLICES	JUICE CEREAL BY REQUEST BELGIAN WAFFLE/SYRUP BACON  COFFEE/CREAMER/SUGAR FRUIT	JUICE MALT O MEAL OMELET TOAST OR MUFFIN MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE OATMEAL OR COLD CEREAL SCRAMBLED EGGS TOAST MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE CREAM OF WHEAT CREAMED CHIPPED BEEF OVER A BISCUIT  FRUIT  D
<b>DINNER</b>						
COUNTRY FRIED STEAK MASHED POTATOES AND GRAVY BROCCOLI SOUP CREAM, BUTTER FRUIT TART COFFEE/CREAMER/SUGAR MILK <b>OR</b>	SWEET AND SOUR CHICKEN RICE  BREAD STICK CREAM PIE COFFEE/CREAMER/SUGAR MILK -----	CORN BEEF BOILED CABBAGE WHOLE POTATOES RYE BREAD PISTACHIO PUDDING  COFFEE/CREAMER/SUGAR	ROAST BEEF COMMERCIAL WITH MASHED POTATOES AND GRAVY CREAMED CORN SWEET POTATOES FRUIT COBBLER	CITRUS PEPPERCORN TILAPIA AU GRATIN POTATOES ASPARAGUS  ANGEL FOOD CAKE WITH TOPPING  MILK/JUICE COFFEE/CREAMER/SUGAR	FRIED CHICKEN RICE PILAF STEWED TOMATOES  DESSERT BAR COFFEE/CREAMER/SUGAR MILK	HAM MASHED POTATOES AND GRAVY SCALLOPED CORN PIE  MILK, COFFEE, JUICE
FISH	MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAVY	TURKEY	SALISBURY STEAK	MASHED POTATOES AND GRAVY	TURKEY
SQUASH BAKED POTATO, SOUR CREAM	PORK ROAST GREEN BEANS	MEATBALLS BEETS	MASHED POTATOES AND GRAVY CAULIFLOWER	MASHED POTATOES AND GRAVY CARROTS	ROAST BEEF GREEN BEANS	SWEET POTATOES CRANBERRY SAUCE
<b>SUPPER</b>						
PORK BURGER ON A BUN BAKED BEANS PICKLE  MILK COFFEE/CREAMER/SUGAR	SPLIT PEA SOUP CRACKERS HAM SALAD SANDWICH PICKLES COFFEE/CREAMER/SUGAR MILK	LASANGA ROLL UP CAULIFLOWER BREAD STICK  DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK SHERBET	FISH AND CHIPS PEA AND CHEESE SALAD PICKLES  DESSERT VARIETY MILK/JUICE COFFEE/CREAMER/SUGAR JELL-O CUBES WITH TOPPING	CREAM OF POTATO SOUP CRACKERS MEAT SANDWICH PICKLED BEETS DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK FRUIT COCKTAIL	PIZZA LETTUCE SALAD/DRESSING PICKLES  MILK COFFEE/CREAMER/SUGAR BUTTERSCOTCH PUDDING	CHICKEN DRUMMIES MACARONI AND CHEESE PEAS AND CARROTS  COFFEE/CREAMER/SUGAR MILK PUDDING
<b>OR</b>						
CHICKEN NOODLE SOUP CRACKERS COLESLAW	COTTAGE CHEESE AND FRUIT PLATE DINNER ROLL	MEAT AND CHEESE SANDWICH LETTUCE SALAD/DRESSING	MEAT SANDWICH PASTA SALAD	TUNA MACARONI SALAD DINNER ROLL	ROAST BEEF SANDWICH POTATO SALAD	MEAT SANDWICH POTATO SALAD

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