

Week 1 Regular						
FALL INTER 2011-2012						
Monday 3/12 <b>BREAKFAST</b>	Tuesday 3/13	Wednesday 3/14	Thursday 3/15	Friday 3/16	Saturday 3/17	Sunday 3/18
JUICE OATMEAL BOILED EGG MUFFIN MILK COFFEE/CREAMER/SUGAR PINEAPPLE TIDBITS	JUICE MALT O MEAL OMELET TOAST MILK COFFEE/CREAMER/SUGAR 1/2 BANANA	JUICE CREAM OF WHEAT SCRAMBLED EGGS TOAST/MARGARINE BACON MILK COFFEE/CREAMER/SUGAR 1/2 BANANA	JUICE CEREAL BY REQUEST BELGAN WAFFLE WITH TOPPING SYRUP SAUSAGE PATTIE MILK COFFEE/CREAMER/SUGAR	JUICE MALT O MEAL BOILED EGG BAKERY ROLL MILK COFFEE/CREAMER/SUGAR 1/2 BANANA	JUICE CREAM OF WHEAT SCRAMBLED EGGS TOAST MARGARINE COFFEE/CREAMER/SUGAR MILK	JUICE CEREAL BY REQUEST FRENCH TOAST WITH SYRUP SAUSAGE LINK MARGARINE COFFEE/CREAMER/SUGAR MILK
<b>DINNER BY JOYCE</b>	<b>KEVIN</b>	<b>CONNIE</b>	<b>JOYCE</b>	<b>KEVIN</b>	<b>KEVIN</b>	<b>KEVIN</b>
COUNTRY FRIED STEAK SWEET POTATOES PEAS SHERBET MILK COFFEE/CREAMER/SUGAR	CHICKEN PARMESAN BUTTERED NOODLES CALIFORNIA BLEND VEGETABLES GARLIC BREAD CAKE COFFEE/CREAMER/SUGAR MILK	CHOW MEIN WITH RICE AND CHOWMEIN NOODLES ORIENTAL VEGETABLES DESSERT BAR MILK COFFEE/CREAMER/SUGAR	TURKEY AL A KING ON A BISCUIT CRANBERRY SAUCE FRUIT CRISP MILK COFFEE/CREAMER/SUGAR	FISH AUGRATIN POTATOES BROCCOLI WITH CHEESE SAUCE GELATIN WITH WHIPPED TOPPING MILK COFFEE/CREAMER/SUGAR	FRIED CHICKEN BAKED POTATO WITH SOUR CREAM CORN BROWNIE MILK COFFEE/CREAMER/SUGAR	PORK ROAST MASHED POTATOES WITH GRAVY RED CABBAGE CREAM PIE MILK COFFEE/CREAMER/SUGAR
<b>OR</b>						
FISH BEETS BAKED POTATO WITH SOUR CREAM	SALISBURY STEAK MASHED POTATOES AND GRAVY PEAS	PORK ROAST MASHED POTATOES AND GRAVY CARROTS	ROAST BEEF CAULIFLOWER MASHED POTATOES AND GRAVY	MEAT LOAF BUTTERED CARROTS MASHED POTATOES AND GRAVY	MEATBALLS WAX BEANS MASHED POTATOES AND GRAVY	TURKEY BUTTERED BEETS WHOLE POTATOES AND GRAVY
<b>SUPPER BY ELENA</b>	DEIDRA	DEIDRA	DEIDRA	ELENA	DEIDRA	DEIDRA
HAMBURGER ON A BUN CARROTS TATOR TOTS DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK PARFAIT PICKLES	BBQ PORK ON A BUN CORN FRIED POTATOES DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK GELATIN IN FRUIT	CHICKEN NOODLE SOUP SALTINE CRACKERS EGG SALAD SANDWICH SPICED APPLE RING DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK CAKE	CHILI WITH CRACKERS POTATO CHIPS CORN BREAD WITH HONEY DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR COOKIE	TUNA CASSEROLE PEAS DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR ICE CREAM	HOT DOG ON A BUN MACARONI AND CHEESE STEWED TOMATOES DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK APPLE CRISP	VEGETABLE BEEF SOUP ROAST BEEF SANDWICH SALTINE CRACKERS DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK PUDDING
<b>OR</b>						
CHEESE SANDWICH VEGETABLE SALAD	MEAT SANDWICH VEGETABLE BEEF SOUP CRACKERS	TUNA SALAD SANDWICH CARROT AND RAISIN SALAD	CHICKEN NOODLE SOUP TURKEY SANDWICH CRACKERS	CHICKEN SANDWICH PASTA SALAD	HAMBURGER ON A BUN BAKED BEANS	CHICKEN SANDWICH POTATO CHIPS

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J.HAUG, RD

DIETARY MANAGER: MARTY NYHUS,CDSM/CFPP

Week 2 Regular						
FALL WINTER 2011-2012						
Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12	Saturday 13	Sunday 14
<b>BREAKFAST</b>						
JUICE MALT O MEAL BOILED EGG TOAST AND MARGARINE MILK COFFEE/CREAMER/SUGAR PINEAPPLE TIDBITS	JUICE CREAM OF WHEAT OMELET TOAST AND MARGARINE MILK JELLY COFFEE/CREAMER/SUGAR 1/2 BANANA	INSERVICE DAY	JUICE OATMEAL FRIED EGGS WITH BACON TOAST WITH MARGARINE MILK COFFEE/CREAMER/SUGAR	JUICE CREAM OF WHEAT OMELET BAKERY ROLL MILK COFFEE/CREAMER/SUGAR 1/2 BANANA	JUICE OATMEAL BOILED EGG MUFFIN OR TOAST MILK COFFEE/CREAMER/SUGAR	JUICE MALT O MEAL SCRAMBLED EGGS TOAST AND MARGARINE BACON COFFEE/CREAMER/SUGAR MLK 1/2 BANANA
<b>DINNER JOYCE</b>	<b>KEVIN</b>	<b>SUSAN</b>	<b>JOYCE</b>	<b>KEVIN</b>	<b>CONNIE</b>	<b>CONNIE</b>
SPAGHETTI WITH MEAT SAUCE CREAMED CORN GARLIC BREAD WITH ICE CREAM MILK COFFEE/CREAMER/SUGAR	CABBAGE ROLL MASHED POTATOES AND GRAVY CARROTS PUDDING COFFEE/CREAMER/SUGAR MILK BREAD WITH MARGARINE	MEALTLOAF WITH GLAZE AU GRATIN POTATOES PEAS WITH ONIONS BREAD WITH MARGARINE CHEESE CAKE  COFFEE/CREAMER/SUGAR MILK	HAM SCALLOPED POTATOES BUTTERED BEETS DINNER ROLL WITH MARGARINE PEACH COBBLER MILK, WATER JUICE COFFEE	BBQ CHICKEN NUGGETS MASHED POTATOES AND GRAVY WINTER BLEND VEGETABLES CORN BREAD WITH HONEY GELATIN WITH WHIPPED TOPPING MILK COFFEE/CREAMER/SUGAR	HERBED PORK CHOP BAKED POTATO WITH SOUR GREEN PEAS RYE BREAD WITH MARGARINE LEMON BAR COFFEE/CREAMER/SUGAR MILK	ROASTED TURKEY MASHED POTATOES AND GRAVY GREEN BEANS DINNER ROLL WITH MARGARINE LAYERED CAKE MILK COFFEE/CREAMER/SUGAR
<b>OR</b>						
PORK CHOP GREEN BEANS WHOLE POTATOES AND GRAVY	WHOLE POTATOES AND BUTTER BUTTERED BEETS TURKEY	CHICKEN BREAST MASHED POTATOES AND GRAVY CORN	ROAST BEEF WAX BEANS MASHED POTATOES AND GRAVY	FISH WHOLE POTATOES AND BUTTER GREEN BEANS	CHICKEN ASPARAGUS MASHED POTATOES AND GRAVY	MEATBALLS WHOLE POTATOES AND BUTTER CORN
<b>SUPPER ELENA</b>	DEIDRA	DEIDRA	DEIDRA	ELENA	ELENA	ELENA
GRILLED CHICKEN ON A BUN SQUASH FRIED POTATOES DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR PARFAIT	PHILLY BEEF SANDWICH GREEN PEPPERS AND ONIONS FRENCH FRIES DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK DESSERT BAR	PIZZA POTATO CHIPS DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR SHERBET	PANCAKES WITH SYRUP SAUSAGE LINKS FRUIT TOPPING DESSERT VARIETY MILK, COFFEE COOKIE	HAMBURGER KRAUT HOTDISH CHUNKY CARRTOS DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR APPLE CRISP	MINI CORN DOGS TATOR TOTS BAKED BEANS  COFFEE/CREAMER/SUGAR MILK DESSERT VARIETY PUDDING	CREAM OF POTATO SOUP MEAT SANDWICH SALTINE CRACKERS SPICED APPLE RINGS COFFEE/CREAMER/SUGAR MILK DESSERT VARIETY COOKIE
<b>ALTERNATE SUPPER</b>						
HAM SANDWICH PASTA SALAD	GRILLED CHEESE SANDWICH TOMATO SOUP WITH CRACKERS	FISH SANDWICH CREAM SOUP AND CRACKERS	HOT DOG ON A BUN BAKED BEANS	TUNA SALAD SANDWICH VEGETABLE SOUP WITH CRACKERS	CHEESE SANDWICH TOMATO SOUP AND CRACKERS	EGG SALAD SANDWICH POTATO CHIPS

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J.HAUG, RD

DIETARY MANAGER: MARTY NYHUS,CDSM/CFPP

Week 3 Regular						
FALL WINTER 2011-2012						
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20	Sunday 21
<b>BREAKFAST</b>						
JUICE CREAM OF WHEAT BOILED EGG TOAST AND MARGARINE JELLY MILK COFFEE/CREAMER/SUGAR PINEAPPLE TIDBITS	JUICE CEREAL BY REQUEST FRENCH TOAST WITH SYRUP BACON MELTED BUTTER MILK COFFEE/CREAMER/SUGAR	JUICE MALT O MEAL EGG MCMUFFIN SAUSAGE PATTIE  MILK COFFEE/CREAMER/SUGAR 1/2 BANANA	JUICE CREAM OF WHEAT OMELET TOAST WITH MARGARINE PINEAPPLE TIDBITS COFFEE/CREAMER/SUGAR MILK	JUICE OATMEAL BAKERY ROLL BOILED EGG MILK 1/2 BANANA COFFEE/CREAMER/SUGAR	JUICE MALT O MEAL SCRAMBLED EGGS TOAST AND MARGARINE JELLY MILK COFFEE/CREAMER/SUGAR	JUICE CEREAL BY REQUEST BELGIAN WAFFLES WITH SYRUP FRUIT TOPPING SAUSAGE LINKS COFFEE/CREAMER/SUGAR MILK
<b>DINNER BY JOYCE</b>	<b>CONNIE</b>	<b>KEVIN</b>	<b>JOYCE</b>	<b>KEVIN</b>	<b>KEVIN</b>	<b>KEVIN</b>
LASAGNA CAULIFLOWER GARLIC BREAD SHERBET COFFEE/CREAMER/SUGAR MILK	CHICKEN BREAST IN GRAVY BAKED POTATO WITH SOUR SQUASH DINNER ROLL WITH MARGARINE PUDDING MILK COFFEE/CREAMER/SUGAR	SALISBURY STEAK IN GRAVY AU GRATIN POTATOES BROCCOLI DINNER ROLL WITH MARGARINE CHEESE CAKE MILK COFFEE/CREAMER/SUGAR	CHICKEN AND STUFFING CHUNKY CARROTS BISCUIT WITH MARGARINE FRUIT CRISP MILK COFFEE/CREAMER/SUGAR	FISH HASHBROWN CASSEROLE CREAMED PEAS DINNER ROLL WITH MARGARINE FROSTED CAKE MILK COFFEE/CREAMER/SUGAR	MEATBALLS EGG NOODLES WITH GRAVY CORN DINNER ROLL WITH MARGARINE DESSERT BAR COFFEE/CREAMER/SUGAR MLK	HAM WITH PINEAPPLE GLAZE BAKED POTATO WITH SOUR CALIFORNIA BLEND VEG DINNER ROLL WITH MARGARINE FRUIT PIE COFFEE/CREAMER/SUGAR MILK
<b>OR</b>						
TURKEY MASHED POTATOES AND GRAVY ASPARAGUS	ROAST BEEF BUTTERED BEETS MASHED POTATOES AND GRAVY	PORK ROAST MASHED POTATOES AND GRAVY CARROTS	MEATBALLS MASHED POTATOES AND GRAVY CAULIFLOWER	ROAST BEEF SPINACH MASHED POTATOES AND GRAVY	FISH WINTER BLEND VEGETABLE MASHED POTATOES AND GRAVY	TURKEY SWEET POTATOES GREEN BEANS
<b>SUPPER BY ELENA</b>	DEIDRA	DEIDRA	DEIDRA	ELENA	SUSAN	CONNIE
BEEF STEW BISCUIT WITH MARGARINE SALTINE CRACKERS DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR PARFAIT	POLISH SAUSAGE ON A BUN SAUERKRAUT MASHED POTATOES AND BUTTER DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR CAKE	CHILI WITH CRACKERS CORN BREAD WITH HONEY DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK COOKIE	CREAM OF POTATO SOUP SALTINE CRACKERS MEAT AND CHEESE SANDWICH SPICED APPLE RINGS DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR GELATIN WITH FRUIT	TUNA MACARONI SALAD PICKLES CROSSSANT WITH MARGARINE DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR ICE CREAM	CHICKEN NOODLE SOUP TURKEY SALAD SANDWICH POTATO CHIPS SALTINE CRACKERS DESSERT VARIETY MILK APPLE CRISP	HOTDOG IN A BUN MACARONI AND CHEESE MIXED VEGETABLES BREAD AND BUTTER PICKLES DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK PUDDING
<b>OR</b>						
CHICKEN SANDWICH FRENCH FRIES	TUNA SALAD SANDWICH CARROT AND RAISIN SALAD	CHICKEN SANDWICH POTATO SALAD	SLOPPY JOE ON A BUN POTATO CHIPS	CHICKEN PATTIE ON A BUN TATOR TOTS	HAMBURGER ON A BUN BAKED BEANS	MEAT SANDWICH PASTA SALAD

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J.HAUG, RD

MARTY NYHUS, CDSM/CFPP

Week 4 Regular						
FALL WINTER 2011-2012						
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27	Sunday 28
<b>BREAKFAST</b>						
JUICE OATMEAL SCRAMBLED EGGS TOAST MARGARINE JELLY COFFEE/CREAMER/SUGAR MILK PINEAPPLE TIDBITS	JUICE MALT O MEAL OMELET TOAST COFFEE/CREAMER/SUGAR MILK 1/2 BANANA	JUICE CEREAL BY REQUEST BELGIAN WAFFLES WITH FRUIT SYRUP SAUSAGE LINKS MILK COFFEE/CREAMER/SUGAR	JUICE CREAM OF WHEAT OMELET TOAST WITH MARGARINE MILK COFFEE/CREAMER/SUGAR	JUICE MALT O MEAL BOILED EGG FRESH BAKERU ROLLS MILK COFFEE/CREAMER/SUGAR 1/2 BANANA	JUICE CEREAL BY REQUEST FRENCH TOAST WITH SYRUP SAUSAGE PATTIE MELTED BUTTER COFFEE/CREAMER/SUGAR MILK	JUICE OATMEAL SCRAMBLED EGGS DANISH 1/2 BANANA COFFEE/CREAMER/SUGAR MILK
<b>DINNER BY JOYCE</b>	<b>SUSAN</b>	<b>KEVIN</b>	<b>JOYCE</b>	<b>KEVIN</b>	<b>CONNIE</b>	<b>CONNIE</b>
MEATLOAF WITH BROWN SUGAR CATSUP GLAZE SCALLOPED POTATOES BROCCOLI DINNER ROLL PUDDING PARFAIT COFFEE/CREAMER/SUGAR MILK	HOT TURKEY SANDWICH WITH MASHED POTATOES AND GRAVY PEAS AND CARROTS CHEESE CAKE COFFEE/CREAMER/SUGAR MILK	BAKED LEMON PEPPER CHICKEN RICE PILAF BUTTERED BEETS DESSERT BAR COFFEE/CREAMER/SUGAR MILK	ROAST BEEF WITH GRAVY MASHED POTATOES AND GRAVY CARROTS RYE BREAD WITH MARGARINE ICE CREAM COFFEE/CREAMER/SUGAR MILK	LEMON PEPPERED FISH AU GRATIN POTATOES MIXED VEGETABLES DINNER ROLL WITH MARGARINE FROSTED CAKE MILK COFFEE/CREAMER/SUGAR	SWEET AND SOUR CHICKEN RICE ORIENTAL VEGETABLES DINNER ROLL WITH MARGARINE BROWNIE COFFEE/CREAMER/SUGAR MILK	PORK CHOP IN MUSHROOM HASHBROWN CASSEROLE CORN DINNER ROLL WITH MARGARINE LAYERED CAKE COFFEE/CREAMER/SUGAR MILK
<b>OR</b>						
<b>MASHED POTATOES AND GRAVY</b> <b>PORK CHOP</b> CAULIFLOWER	WHOLE POTATOES AND BUTTER FISH CORN	MEATBALLS MASHED POTATOES AND GRAVY GREEN BEANS	HAM SWEET POTATOES CAULIFLOWER	CHICKEN BREAST MASHED POTATOES AND GRAVY GREEN BEANS	MASHED POTATOES AND GRAVY ROAST BEEF CARROTS	MASHED POT AND GRAVY CHICKEN SQUASH
<b>SUPPER BY ELENA</b>	DEIDRA	DEIDRA	DEIDRA	ELENA	ELENA	ELENA
CRAB SALAD WITH A HASH BROWN PATTIE DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR PARFAIT	PORK RIBLET WITH BBQ SAUCE FRIED POTATOES GREEN BEANS DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK ICE CREAM	TATOR TOT HOTDISH WITH GREEN BEANS SPICED APPLE RINGS DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR MILK COOKIE	TOMATO SOUP CRACKERS GRILLED CHEESE SANDWICH DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR GELATIN WITH FRUIT	TUNA SALAD SANDWICH BEEF NOODLE SOUP WITH PICKLES DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK APPLE CRISP	SLOPPY JOE ON A BUN HASH BROWN PATTIE PEAS AND ONIONS DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR MILK SHERBET	CHICKEN DRUMMIES FRENCH FRIES GREEN BEANS DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK PUDDING
<b>OR</b>						
HAMBURGER ON A BUN POTATO CHIPS BAKED BEANS	GRILLED CHICKEN PATTIE VEGETABLE SALAD	HOT DOG ON A BUN BAKED BEANS	MEAT SANDWICH MACARONI SALAD	HOTDOG ON A BUN BAKED BEANS	HAM SANDWICH POTATO CHIPS TOMATO JUICE	MEAT SANDWICH PASTA SALAD

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