

Week 1
Regular

| MONDAY 1/24 | TUESDAY 1/25 | WEDNESDAY 1/26 | THURSDAY 1/27 | FRIDAY 1/28 | SATURDAY 1/29 | SUNDAY 1/30 |
|--|---|--|--|---|---|--|
| BREAKFAST | | | | | | |
| JUICE CEREAL OF CHOICE BREAKFAST POTATO SAUSAGE SKILLET COFFEE/CREAMER/SUGAR FRUIT MILK | CEREAL OF CHOICE TOASTED BAGEL WITH CREAM CHEESE, BUTTER CANADIAN BACON COFFEE/MILK/JUICE FRUIT | CREAM OF WHEAT FRIED EGG WITH BACON TOAST COFFEE/CREAMER/SUGAR MILK FRUIT | JUICE CEREAL OF CHOICE BISCUIT WITH SAUSAGE GRAVY MILK COFFEE/CREAMER/SUGAR FRUIT | JUICE MALT O MEAL OMELET MUFFIN OR TOAST MILK COFFEE/CREAMER/SUGAR FRUIT | JUICE CEREAL OF CHOICE FRENCH TOAST WITH SYRUP BACON BUTTER COFFEE/CREAMER/SUGAR MILK FRUIT | JUICE CEREAL OF CHOICE EGG MCMUFFIN WITH SAUSAGE PATTIE, CHEESE COFFEE/CREAMER/SUGAR MILK FRUIT |
| DINNER | | | | | | |
| BEEF STROGANOFF OVER NOODLES BROCCOLI DESSERT BAR MILK COFFEE/CREAMER/SUGAR | TURKEY HOT DISH CRANBERRY SAUCE PICKLES STRUDEL STICK COFFEE/CREAMER/SUGAR MILK | SWISS STEAK WHOLE POTATOES AND BUTTER GREEN BEANS FRUIT COBBLER COFFEE/CREAMER/SUGAR MILK | CHICKEN ALFREDO OVER NOODLES CALIFORNIA BLEND VEGETABLE BREADSTICK LAYERED CAKE COFFEE/CREAMER/SUGAR MILK, JUICE | SHRIMP AU GRATIN POTATOES CORN CREAM PIE COFFEE/CREAMER/SUGAR MILK, JUICE | COUNTRY STYLE BONELESS PORK RIB MACARONI AND CHEESE STEWED TOMATOES DINNER ROLL GERMAN CHOCOLATE CAKE COFFEE/CREAMER/SUGAR MILK | FRIED CHICKEN RICE PILAF CREAMED CORN PIE COFFEE/CREAMER/SUGAR MILK |
| OR | | | | | | |
| FISH STICKS MASHED POTATOES AND BUTTER SQUASH | LIVER MASHED POTATOES AND GRAVY PEAS | FISH MASHED POTATOES AND GRAVY CARROTS | ROAST BEEF MASHED POTATOES AND GRAVY SQUASH | MEAT LOAF MASHED POTATOES AND GRAVY GREEN BEANS | ROAST BEEF MASHED POTATOES AND GRAVY CAULIFLOWER | SALISBURY STEAK MASHED POTATOES AND GRAVY BEETS |
| SUPPER | | | | | | |
| GRILLED CHICKEN BREAST ON A BUN TOMATO, ONION, LETTUCE SEASONED DICED POTATOES PEACHES | TOMATO SOUP GRILLED CHEESE SANDWICH DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK ICE CREAM | BAKED BEANS HOT DOG ON A BUN FRENCH FRIES PUDDING PARFAIT WITH TOPPING MILK | BBQ PORK RIB FRIED POTATOES PICKLES MILK, JUICE COFFEE/CREAMER/SUGAR JELL-O CUBES WITH TOPPING | TUNA CASSEROLE SEASONED DICED POTATOES PEAS MILK COFFEE/CREAMER/SUGAR BANANA BREAD | BEEF STEW BISCUIT WITH BUTTER PICKLES DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK LEFT OVER DESSERTS OR COOKIE | TATAR TOT HOT DISH CALIFORNIA BLEND VEGETABLE DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK VANILLA PUDDING |
| OR | | | | | | |
| EGG SALAD SANDWICH PICKLES | CHEF SALAD DINNER ROLL | MEAT SANDWICH LETTUCE SALAD WITH DRESSING PICKLES | CHEESE SOUP CRACKERS | CHICKEN NUGGETS YELLOW BEANS | MEAT AND CHEESE SANDWICH POTATO TRIANGLE | HAM SALAD SANDWICH POTATO CHIPS PICKLES |

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** (Please note menus are subject to change)**

J. Haug R.D.

Dietary Manager: Marty Nyhus CDSM/CFPP

Week 2
Regular

| MONDAY 1/31 | TUESDAY 2/1 | WEDNESDAY 2/2 | THURSDAY 2/3 | FRIDAY 2/4 | SATURDAY 2/5 | SUNDAY 2/6 |
|---|---|---|--|--|---|--|
| BREAKFAST | | | | | | |
| JUICE OATMEAL OMELET TOAST OR MUFFIN ORANGE SLICES COFFEE/CREAMER/SUGAR MILK/COFFEE/WATER | JUICE CEREAL BY REQUEST FRIED EGGS WITH BACON TOAST WITH BUTTER FRUIT COFFEE/CREAMER/SUGAR MILK | JUICE MALT O MEAL OR COLD CEREAL PANCAKES WITH SYRUP SAUSAGE PATTIES MILK COFFEE/CREAMER/SUGAR FRUIT | JUICE OATMEAL SCRAMBLED EGGS TOAST WITH BUTTER MILK COFFEE/CREAMER/SUGAR FRESH ORANGE SLICES | JUICE CREAM OF WHEAT EGG BAKE TOAST WITH BUTTER MILK COFFEE/CREAMER/SUGAR FRUIT | JUICE CEREAL BY REQUEST FRENCH TOAST STICKS SAUSAGAE PATTIE COFFEE/CREAMER/SUGAR FRUIT MILK | JUICE CEREAL BY REQUEST PANCAKE ON A STICK SYRUP COFFEE/CREAMER/SUGAR FRUIT MILK |
| DINNER | | | | | | |
| SPAGHETTI WITH MEAT SAUCE YELLOW BEANS GARLIC BREAD/STICK SHERBET MILK/COFFEE/WATER | SAUERKRAUT WITH POLISH SAUSAGE MASHED POTATOES AND BUTTER BUTTER FRUIT FILLED TURNOVER MILK, COFFEE, CREAMER | GREEN PEPPERS STUFFED WITH RICE, TOMATO SAUCE, GROUND BEEF DINNER ROLL ICE CREAM TREAT MILK, COFFEE, JUICE | CHICKEN KIEV RICE PILAF GLAZED CARROTS BAKED APPLE MILK COFFEE/CREAMER/SUGAR | SALMON SCALLOPED POTATOES MIXED VEGETABLE CHEESE CAKE MILK COFFEE/CREAMER/SUGAR | BEEF BRISKET HASH BROWN CASSEROLE GREEN BEANS JELL-O PARFAIT COFFEE/CREAMER/SUGAR MILK | CHICKEN AND STUFFING HOT DISH CRANBERRY SAUCE PIE COFFEE/CREAMER/SUGAR MILK |
| | | | | | | |
| HAM MASHED POTATOES AND GRAVY PEAS AND CARROTS | MEATLOAF LIMA BEANS WHOLE POTATOES AND GRAVY | HAM MASHED POTATOES AND GRAVY CAULIFLOWER WITH CHEESE | FISH MASHED POTATOES AND GRAVY BEETS | BBQ CHICKEN NUGGETS MASHED POTATOES AND GRAVY BROCCOLI CAULIFLOWER BLEND | TURKEY MASHED POTATOES AND GRAVY CORN | MEAT BALLS MASHED POTATOES AND GRAVY BROCCOLI |
| SUPPER | | | | | | |
| CHICKEN TENDERS FRIED POTATOES CORN PEACHES | CHICKEN AND RICE HOT DISH STEWED TOMATOES DESSERT VARIETY MILK, COFFEE, CREAMER DESSERT BAR | CHEESE BURGER ON A BUN PEA AND CHEESE SALAD FRENCH FRIES COFFEE/CREAMER/SUGAR MILK PUDDING | FISH SANDWICH ON A BUN SEASONED DICED POTATOES PEAS AND CARROTS MILK, COFFEE FRUIT COBBLER | CHICKEN SALAD SUPREME ON LETTUCE BREADSTICK DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR RICE KRISPIE BAR | VEGETABLE BEEF SOUP CRACKERS MEAT SANDWICH PICKLES COFFEE/CREAMER/SUGAR DESSERT VARIETY BROWNIE | CRAB SALAD COLE SLAW PICKLES DINNER ROLL MILK, COFFEE, JUICE RICE PUDDING |
| ALTERNATE SUPPER | | | | | | |
| BROCCOLI CHEESE SOUP CRACKERS | EGG SALAD SANDWICH LETTUCE SALAD | MEAT SANDWICH PASTA SALAD | CHICKEN NOODLE SOUP CRACKERS | TUNA CASSEROLE PEAS | COTTAGE CHEESE AND FRUIT PLATE DINNER ROLL | SPLIT PEA SOUP CRACKERS |

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J. Haug R.D.

Dietary Manager: Marty Nyhus CDSM/CFPP

Week 3
Regular

| MONDAY 2/7 | TUESDAY 2/8 | WEDNESDAY 2/9 | THURSDAY 2/10 | FRIDAY 2/11 | SATURDAY 2/12 | SUNDAY 2/13 |
|---|--|---|---|---|--|--|
| BREAKFAST | | | | | | |
| JUICE CREAM OF WHEAT BISCUIT WITH SAUSAGE GRAVY JELLY MILK COFFEE/CREAMER/SUGAR FRUIT | JUICE OATMEAL OR COLD CEREAL SCRAMBLED EGGS TOAST MILK COFFEE/CREAMER/SUGAR ORANGE SLICES | JUICE MALT O MEAL PANCAKES WITH SYRUP BACON MILK COFFEE/CREAMER/SUGAR FRUIT | JUICE CEREAL OF CHOICE EGG BAKE TOAST OR MUFFIN COFFEE/CREAMER/SUGAR MILK FRUIT | JUICE OATMEAL OR COLD CEREAL FRENCH TOAST/SYRUP BACON MILK FRUIT COFFEE/CREAMER/SUGAR | JUICE CEREAL OF CHOICE FRIED EGGS AND SAUSAGE TOASTED ENGLISH MUFFIN MILK COFFEE/CREAMER/SUGAR FRUIT | JUICE CEREAL BY REQUEST SCRAMBLED EGGS TOAST OR MUFFIN COFFEE/CREAMER/SUGAR FRESH ORANGE SLICES |
| DINNER | | | | | | |
| MACARONI SALAD WITH HAM AND PEAS DINNER ROLL PUDDING COFFEE/CREAMER/SUGAR MILK | CHICKEN CHOW MEIN CHOW MEIN NOODLES RICE CORN PASTRY ROLL MILK COFFEE/CREAMER/SUGAR | CHICKEN PARMESAN BUTTERED NOODLES GREEN BEANS ICE CREAM TREAT MILK, JUICE, COFFEE | BRAT ON A BUN GERMAN POTATO SALAD ONION RINGS JELL-O CAKE MILK, JUICE, COFFEE | CRAB CAKE BAKED POTATO SOUR CREAM, BUTTER CREAMED PEAS GERMAN CHOCOLATE CAKE MILK, COFFEE, JUICE | RAVIOLI WITH TOMATO SAUCE CORN BREAD STICK BREAD PUDDING MILK | TURKEY ALA KING OVER A BISCUIT CRANBERRY SAUCE PICKLES PIE MILK, JUICE, COFFEE |
| | | | | | | |
| SALISBURY STEAK MASHED POTATOES AND GRAVY CAULIFLOWER | MEATBALLS MASHED POTATOES AND GRAVY PEAS | FISH MASHED POTATOES AND GRAVY CARROTS | MEAT LOAF MASHED POTATOES AND GRAVY CREAMED CORN | HAMBURGER STEAK CALIFORNIA BLEND VEGETABLE MASHED POTATOES AND GRAVY | PORK ROAST IN BROTH BEETS MASHED POTATOES AND GRAVY | ROAST BEEF MASHED POTATOES AND GRAVY GREEN BEANS |
| | | | | | | |
| LASAGNA BREAD STICK WAX BEANS BANANA BREAD DESSERT MILK COFFEE/CREAMER/SUGAR | BBQ PORK ON A BUN TATOR TOTS COLE SLAW DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR WHIPPED FRUIT DESSERT | GOULASH SQUASH PICKLES BROWNIE MILK COFFEE/CREAMER/SUGAR | CHILI CORN MUFFIN BREAD AND BUTTER PICKLES RICE PUDDING MILK/COFFEE | TUNA CASSEROLE DINNER ROLL STEWED TOMATOES DESSERT COFFEE/CREAMER/SUGAR FRUIT-PEACHES OR PEARS | BAKED BEANS HOT DOG ON A BUN FRENCH FRIES PICKLES DESSERT VARIETY MILK COOKIE | WILD RICE SOUP/CRACKERS EGG SALAD SANDWICH DESSERT VARIETY MILK, JUICE, COFFEE CREAM PUFF |
| OR | | | | | | |
| CHICKEN SALAD SANDWICH SUMMER PASTA SALAD | CHEF SALAD DINNER ROLL | TUNA SALAD SANDWICH LETTUCE SALAD/DRESSING | TURKEY SANDWICH POTATO SALAD | CREAM OF POTATO SOUP PICKLED BEETS | HAM SALAD SANDWICH COLE SLAW | MEAT AND CHEESE SANDWICH PASTA SALAD/PICKLES |

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Week 4

| MONDAY 2/14 | TUESDAY 2/15 | WEDNESDAY 2/16 | THURSDAY 2/17 | FRIDAY 2/18 | SATURDAY 2/19 | SUNDAY 2/20 |
|--|---|---|---|---|---|--|
| BREAKFAST | | | | | | |
| JUICE CEREAL OF CHOICE WESTERN OMELET TOAST WITH BUTTER COFFEE/CREAMER/SUGAR MILK FRUIT | JUICE MALT O MEAL FRIED EGGS WITH BACON TOAST COFFEE/CREAMER/SUGAR MILK FRUIT | JUICE CEREAL OF CHOICE CHEESY SCRAMBLED EGGS TOAST WITH BUTTER COFFEE/CREAMER/SUGAR MILK FRESH ORANGE SLICES | JUICE CEREAL BY REQUEST BELGIAN WAFFLE/SYRUP BACON COFFEE/CREAMER/SUGAR FRUIT | JUICE MALT O MEAL OMELET TOAST OR MUFFIN MILK COFFEE/CREAMER/SUGAR FRUIT | JUICE OATMEAL OR COLD CEREAL SCRAMBLED EGGS TOAST MILK COFFEE/CREAMER/SUGAR FRUIT | JUICE CREAM OF WHEAT CREAMED CHIPPED BEEF OVER A BISCUIT FRUIT |
| DINNER | | | | | | |
| COUNTRY FRIED STEAK SCALLOPED POTATOES BROCCOLI SOUR CREAM, BUTTER FRUIT TART COFFEE/CREAMER/SUGAR MILK OR | SWEET AND SOUR CHICKEN RICE BREAD STICK CREAM PIE COFFEE/CREAMER/SUGAR MILK | TACO BAR WITH VARIOUS TOPPINGS, TOMATOES, TACO SHELSS TACO SAUCE, LETTUCE, REFRIED BEANS ICE CREAM TREAT MILK, JUICE COFFEE/CREAMER/SUGAR | ROAST BEEF COMMERCIAL WITH MASHED POTATOES AND GRAVY CREAMED CORN FRUIT COBBLER | CITRUS PEPPERCORN TILAPIA AU GRATIN POTATOES STEWED TOMATOES JELL-O CAKE MILK/JUICE COFFEE/CREAMER/SUGAR | FRIED CHICKEN RICE PILAF CAULIFLOWER WITH CHEESE SAUCE DESSERT BAR COFFEE/CREAMER/SUGAR JUICE/MILK | HAM MASHED POTATOES AND GRAVY GREEN BEANS PIE MILK, COFFEE, JUICE |
| FISH | MASHED POTATOES AND GRAVY | MASHED POTATOES AND GRAVY | SWEET POTATOES | SALISBURY STEAK | ROAST BEEF | TURKEY |
| SQUASH BAKED POTATO, SOUR CREAM | PORK ROAST GREEN BEANS | CHICKEN BREAST BEETS | TURKEY CAULIFORNIA BLEND VEGETABLES | MASHED POTATOES AND GRAVY CARROTS | MASHED POTATOES AND GRAVY LIMA BEANS | SWEET POTATOES CRANBERRY SAUCE |
| SUPPER | | | | | | |
| PANCAKES WITH SYRUP SAUSAGE LINKS MILK COFFEE/CREAMER/SUGAR ICE CREAM TREAT | MEAT BALL SANDWICH SUMMER PASTA SALAD PICKLES COFFEE/CREAMER/SUGAR MILK TURNOVER | FISH AND CHIPS PEA AND CHEESE SALAD PICKLES DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK SHERBET | PIZZA LETTUCE SALAD/DRESSING PICKLES DESSERT VARIETY MILK/JUICE COFFEE/CREAMER/SUGAR BUTTERSCOTCH PUDDING | CREAM OF POTATO SOUP CRACKERS MEAT SANDWICH PICKLED BEETS DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK FRUIT COCKTAIL | LASAGNA ROLL-UP CARRTOS BREAD STICK MILK COFFEE/CREAMER/SUGAR JELL-O CUBES WITH TOPPING | CHICKEN TENDERS MACARONI AND CHEESE PEAS AND CARROTS COFFEE/CREAMER/SUGAR MILK COOKIE |
| OR | | | | | | |
| CHICKEN NOODLE SOUP CRACKERS COLESLAW | CHICKEN AND DUMPLING SOUP CRACKERS, DINNER ROLL DINNER ROLL | MEAT SANDWICH, PASTA SALAD | CRAB SALAD DINNER ROLL | TUNA MACARONI SALAD DINNER ROLL | ROAST BEEF SANDWICH POTATO SALAD | MEAT SANDWICH CHIPS |

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