

Week 1
Regular

MONDAY 7/13	TUESDAY 7/14	WEDNESDAY 7/15	THURSDAY 7/16	FRIDAY 7/17	SATURDAY 7/18	SUNDAY 7/19
BREAKFAST						
JUICE CEREAL OF CHOICE BREAKFAST POTATO SAUSAGE SKILLET COFFEE/CREAMER/SUGAR FRUIT MILK	CEREAL OF CHOICE TOASTED BAGEL WITH CREAM CHEESE, BUTTER CANADIAN BACON COFFEE/MILK/JUICE FRUIT	CREAM OF WHEAT FRIED EGG WITH BACON TOAST COFFEE/CREAMER/SUGAR MILK FRUIT	JUICE CEREAL OF CHOICE BISCUIT WITH SAUSAGE GRAVY MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE MALT O MEAL OMELET MUFFIN OR TOAST MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE CEREAL OF CHOICE FRENCH TOAST WITH SYRUP BACON BUTTER COFFEE/CREAMER/SUGAR MILK FRUIT	JUICE CEREAL OF CHOICE EGG MCMUFFIN WITH SAUSAGE PATTIE, CHEESE COFFEE/CREAMER/SUGAR MILK FRUIT
DINNER						
BEEF STROGANOFF OVER NOODLES BROCCOLI DESSERT BAR MILK COFFEE/CREAMER/SUGAR	TURKEY HOT DISH CRANBERRY SAUCE PICKLES STRUDEL STICK COFFEE/CREAMER/SUGAR MILK	BUILD A BURGER WITH VARIOUS TOPPINGS CHIPS PASTRY DESSERT COFFEE/CREAMER/SUGAR MILK	HAM HASHBROWN CASSEROLE SQUASH ANGEL FOOD CAKE WITH STRAWBERRIES COFFEE/CREAMER/SUGAR MILK, JUICE	SHRIMP AU GRATIN POTATOES CUCUMBER SALAD CREAM PIE MILK COFFEE/CREAMER/SUGAR	COUNTRY STYLE BONELESS PORK RIB MACARONI AND CHEESE STEWED TOMATOES GERMAN CHOCOLATE CAKE COFFEE/CREAMER/SUGAR MILK	FRIED CHICKEN RICE PIILAF CREAMED CORN PIE COFFEE/CREAMER/SUGAR MILK
OR						
FISH STICKS SQUASH MASHED POTATOES AND BUTTER	LIVER MASHED POTATOES AND GRAVY PEAS	FISH MASHED POTATOES AND GRAVY CARROTS	ROAST BEEF MASHED POTATOES AND GRAVY BEETS	MEAT LOAF CORN MASHED POTATOES AND GRAVY	ROAST BEEF MASHED POTATOES AND GRAVY CAULIFLOWER	SALISBURY STEAK MASHED POTATOES AND GRAYV BEETS
SUPPER						
GRILLED CHICKEN BREAST ON A BUN TOMATO, ONION, LETTUCE SEASONED DICED POTATOES PEACHES	SLOPPY JOE ON A BUN HASH BROWNS COLE SLAW DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK ICE CREAM	PHILLY CHEESESTEAK CASSEROLE LETTUCE SALAD WITH DRESSING PUDDING PARFAIT WITH TOPPING MILK	BBQ PORK RIB FRIED POTATOES PICKLES DESSERT VARIETY COFFEE/CREAMER/SUGAR JELL-O CUBES WITH TOPPING MILK	TUNA SALAD SANDWICH POTATO CHIPS DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR BANANA BREAD	BEEF STEW BISCUIT WITH BUTTER PICKLES DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK LEFT OVER DESSERTS OR COOKIE	TATAR TOT HOT DISH CALIFORNIA BLEND VEGETABLE DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK VANILLA PUDDING
OR						
EGG SALAD SANDWICH PICKLES	CHEF SALAD DINNER ROLL	MEAT SANDWICH POTATO SALAD PICKLES	CHEESE SOUP CRACKERS	CHICKEN NUGGETS TRICOLORED POTATOES YELLOW BEANS	MEAT AND CHEESE SANDWICH POTATO TRIANGLE	HAM SALAD SANDWICH POTATO CHIPS PICKLES

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** (Please note menus are subject to change)**

J. Haug R.D.

Dietary Manager: Marty Nyhus CDSM/CFPP

Week 2
Regular

MONDAY 7/20	TUESDAY 7/21	WEDNESDAY 7/22	THURSDAY 7/23	FRIDAY 7/24	SATURDAY 7/25	SUNDAY 7/26
BREAKFAST						
JUICE OATMEAL OMELET TOAST OR MUFFIN ORANGE SLICES COFFEE/CREAMER/SUGAR MILK/COFFEE/WATER	JUICE CEREAL BY REQUEST PANCAKES WITH SYRUP SAUSAGE FRUIT COFFEE/CREAMER/SUGAR MILK	JUICE MALT O MEAL OR COLD CEREAL FRIED EGGS AND BACON TOAST WITH BUTTER MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE OATMEAL SCRAMBLED EGGS TOAST WITH BUTTER MILK COFFEE/CREAMER/SUGAR FRESH ORANGE SLICES	JUICE CREAM OF WHEAT EGG BAKE TOAST WITH BUTTER MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE CEREAL BY REQUEST EGG PATTIE ON A TOASTED ENGLISH MUFFIN, SAUSAGE PATTIE, CHEESE COFFEE/CREAMER/SUGAR FRUIT MILK	JUICE CEREAL BY REQUEST PANCAKE ON A STICK SYRUP COFFEE/CREAMER/SUGAR FRUIT MILK
DINNER						
SPAGHETTI WITH MEAT SAUCE GREEN BEANS GARLIC BREAD/STICK SHERBET MILK/COFFEE/WATER	SAUERKRAUT WITH POLISH SAUSAGE MASHED POTATOES AND BUTTER BUTTER FRUIT FILLED TURNOVER MILK, COFFEE, CREAMER	BAKED POTATO BAR WITH VARIOUS TOPPINGS LIKE CHEESE, SOUR CREAM, ONIONS, CHILI, DICED TOMATOES , BACON CRUMBS ICE CREAM TREAT MILK, COFFEE, JUICE	CHICKEN KIEV RICE PILAF ASPARAGUS CHEESECAKE MILK COFFEE/CREAMER/SUGAR	SALMON MASHED POTATOES AND GRAVY CUCUMBER SALAD CAKE MILK COFFEE/CREAMER/SUGAR	BEEF BRISKET HASH BROWN CASSEROLE GREEN BEANS JELL-O PARFAIT COFFEE/CREAMER/SUGAR MILK	CHICKEN AND STUFFING HOTDISH CRANBERRY SAUCE PIE COFFEE/CREAMER/SUGAR MILK
HAM MASHED POTATOES AND GRAVY CARROTS	MEATLOAF SQUASH WHOLE POTATOES AND GRAVY	HAM MASHED POTATOES AND GRAVY BROCCOLI/ CAULFLOWER BLEND	FISH MASHED POTATOES AND GRAVY BEETS	BBQ CHICKEN NUGGETS RED POTATOES AND BUTTER CARROTS	TURKEY MASHED POTATOES AND GRAVY CORN	MEAT BALLS MASHED POTATOES AND GRAVY
SUPPER						
CHICKEN DRUMMIES FRIED POTATOES CORN PEACHES	SMOTHERED BURRITO NACHOS AND CHEESE PICKLES DESSERT VARIETY MILK, COFFEE, CREAMER DESSERT BAR	CHEESE BURGER ON A BUN PEA AND CHEESE SALAD FRENCH FRIES COFFEE/CREAMER/SUGAR MILK PUDDING	BACON LETTUCE TOMATO SANDWICH WRAP CHIPS MILK, COFFEE FRESH FRUIT	CHILI WITH CRACKERS CORN BREAD WITH HONEY LETTUCE SALAD DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR RICE KRISPIE BAR	COTTAGE CHEESE AND FRUIT PLATE DINNER ROLL PICKLES COFFEE/CREAMER/SUGAR DESSERT VARIETY BROWNIE	FISH SANDWICH SEASONED DICED POTATOES PEAS AND CARROTS MILK, COFFEE, JUICE DESSERT/COOKIE
ALTERNATE SUPPER						
TOMATO SOUP CRACKERS	EGG SALAD SANDWICH LETTUCE SALAD	MEAT SANDWICH PASTA SALAD	CHICKEN NOODLE SOUP CRACKERS	TUNA SALAD SANDWICH POTATO SALAD PICKLES	VEGETABLE BEEF SOUP CRACKERS MEAT SANDWICH	MEAT SANDWICH COLESLAW PICKLES

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Week 3
Regular

MONDAY 7/27	TUESDAY 7/28	WEDNESDAY 7/29	THURSDAY 7/30	FRIDAY 7/31	SATURDAY 8/1	SUNDAY 8/2
BREAKFAST						
JUICE CREAM OF WHEAT BISCUIT WITH SAUSAGE GRAVY JELLY MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE OATMEAL OR COLD CEREAL SCRAMBLED EGGS TOAST MILK COFFEE/CREAMER/SUGAR ORANGE SLICES	JUICE MALT O MEAL PANCAKES WITH SYRUP BACON MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE CEREAL OF CHOICE TOASTED BAGEL WITH CREAM CHEESE, BUTTER CANADIAN BACON COFFEE/CREAMER/SUGAR MILK FRUIT	JUICE OATMEAL OR COLD CEREAL TOAST OR MUFFIN BOILED EGG MILK FRUIT COFFEE/CREAMER/SUGAR	JUICE CEREAL OF CHOICE FRIED EGGS AND SAUSAGE TOASTED ENGLISH MUFFIN MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE CEREAL BY REQUEST SCRAMBLED EGGS TOAST OR MUFFIN COFFEE/CREAMER/SUGAR FRESH ORANGE SLICES
DINNER						
SCALLOPED POTATOES AND HAM STEWED TOMATOES PUDDING COFFEE/CREAMER/SUGAR MILK	CHICKEN CHOW MEIN CHOW MEIN NOODLES RICE CORN PASTRY ROLL MILK COFFEE/CREAMER/SUGAR	TACO BAR WITH VARIOUS TOPPINGS, TACO SHELLS, TACO SAUCE, LETTUCE REFRIED BEANS ICE CREAM TREAT MILK, JUICE, COFFEE	BRAT ON A BUN GERMAN POTATO SALAD ONION RINGS ANGEL FOOD CAKE WITH TOPPING MILK, JUICE, COFFEE	CRAB CAKE BAKED POTATO SOUR CREAM, BUTTER CUCUMBER SALAD GERMAN CHOCOLATE CAKE MILK, COFFEE, JUICE	SWISS STEAL WITH TOMATO SAUCE MASHED POTATOES AND BUTTER BOILED CABBAGE ANGEL FOOD CAKE WITH FRUIT TOPPING MILK	TURKEY ALA KING OVER A BISCUIT CRANBERRY SAUCE PICKLES ICE CREAM MILK, JUICE, COFFEE
SALISBURY STEAK MASHED POTATOES AND GRAVY CAULIFLOWER	MEATBALLS MASHED POTATOES AND GRAVY PEAS	CHICKEN BREAST MASHED POTATOES AND GRAVY CARROTS	MEAT LOAF MASHED POTATOES AND GRAVY CREAMED CORN	HAMBURGER STEAK CALIFORNIA BLEND VEGETABLE MASHED POTATOES AND GRAVY	PORK ROAST IN BROTH CORN TRI COLORED POTATOES	ROAST BEEF MASHED POTATOES ANG GRAVY GREEN BEANS
LASAGNA BREAD STICK WAX BEANS DESSERT MILK COFFEE/CREAMER/SUGAR ICE CREAM CONE	BBQ PORK ON A BUN POTATO CHIPS COLE SLAW DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR WHIPPED FRUT DESSERT	GOULASH SQUASH PICKLES BROWNIE MILK COFFEE/CREAMER/SUGAR	CHILI WITH CORN BREAD MUFFIN LETTUCE SALAD/DRESSING BREAD AND BUTTER PICKLES COOKIE MILK/COFFEE	TUNA MACARONI SALAD DINNER ROLL DESSERT COFFEE/CREAMER/SUGAR FRUIT-PEACHES OR PEARS	BAKED BEANS HOT DOG ON A BUN FRENCH FRIES PICKLES DESSERT VARIETY MILK WATRMELON SLICE	CHICKEN NUGGETS HASHBROWNS STEWED TOMATOES DESSERT VARIETY MILK, JUICE, COFFEE CREAM PUFF
OR						
CHICKEN SALAD SANDWICH LETTUCE SALAD	FRENCH ONION SOUP CRACKERS	TUNA SALAD SANDWICH LETTUCE SALAD/DRESSING	TURKEY SANDWICH POTATO SALAD	CREAM OF POTATO SOUP PICKLED BEETS	HAM SALAD SANDWICH COLE SLAW	EGG SALAD SANDWICH PASTA SALAD/PICKLES

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Week 4

MONDAY 8/3	TUESDAY 8/4	WEDNESDAY 8/5	THURSDAY 8/6	FRIDAY 8/7	SATURDAY 8/8	SUNDAY 8/9
BREAKFAST						
JUICE CEREAL OF CHOICE BISCUIT WITH SAUSAGE GRAVY COFFEE/CREAMER/SUGAR MILK FRUIT	JUICE MALT O MEAL FRIED EGGS WITH BACON TOAST COFFEE/CREAMER/SUGAR MILK FRUIT	JUICE CEREAL OF CHOICE PANCAKES SAUSAGE COFFEE/CREAMER/SUGAR MILK FRESH ORANGE SLICES	JUICE CEREAL BY REQUEST BELGIAN WAFFLE/SYRUP BACON COFFEE/CREAMER/SUGAR FRUIT	JUICE MALT O MEAL OMELET TOAST OR MUFFIN MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE OATMEAL OR COLD CEREAL SCRAMBLED EGGS TOAST MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE CREAM OF WHEAT CREAMED CHIPPED BEEF OVER A BISCUIT FRUIT D
DINNER						
COUNTRY FRIED STEAK MASHED POTATOES AND GRAVY BROCCOLI SOUR CREAM, BUTTER SUMMER FRUIT TART COFFEE/CREAMER/SUGAR MILK OR	ORIENTAL CHICKEN SALAD BREAD STICK CREAM PIE COFFEE/CREAMER/SUGAR MILK -----	SUB SANDWICH WITH A VARIETY OF TOPPINGS CHIPS MUFFIN COFFEE/CREAMER/SUGAR	ROAST BEEF COMMERCIAL MASHED POTATOES AND GRAVY CREAMED CORN JELL-O PARFAIT COFFEE/CREAMER/SUGAR MILK	CITRUS PEPPERCORN TILAPIA AU GRATIN POTATOES ASPARAGUS ANGEL FOOD CAKE WITH TOPPING MILK COFFEE/CREAMER/SUGAR	FRIED CHICKEN RICE PILAF CUCUMBER SALAD DESSERT BAR COFFEE/CREAMER/SUGAR MILK	HAM MASHED POTATOES AND GRAVY SCALLOPED CORN PIE MILK, COFFEE, JUICE
FISH	MASHED POTATOES AND GRAVY	MASHED POTATOES AND GRAVY	TURKEY	SALISBURY STEAK	MASHED POTATOES AND GRAVY	TURKEY
SQUASH BAKED POTATO, SOUR CREAM	PORK ROAST GREEN BEANS	MEAT BALLS BEETS	SWEET POTATOES CAULIFLOWER	MASHED POTATOES AND GRAVY CARROTS	ROAST BEEF GREEN BEANS	SWEET POTATOES CRANBERRY SAUCE
SUPPER						
PORK BURGER ON A BUN BAKED BEANS PICKLE MILK COFFEE/CREAMER/SUGAR ICE CREAM TREAT	SPLIT PEA SOUP CRACKERS HAM SALAD SANDWICH PICKLES COFFEE/CREAMER/SUGAR MILK TURNOVER	PIZZA LETTUCE SALAD WITH DRESSING PICKLES DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK BUTTERSCOTCH PUDDING	FISH AND CHIPS PEA AND CHEESE SALAD PICKLES MILK COFFEE/CREAMER/SUGAR FRUIT COBBLER	SAUERKRAUT SOUP CRACKERS DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK FRUIT COCKTAIL	LASAGNA ROLL UP CAULIFLOWER BREAD STICK MILK COFFEE/CREAMER/SUGAR SHERBET	CHICKEN DRUMMIES MACARONI AND CHEESE PEAS AND CARROTS COFFEE/CREAMER/SUGAR MILK PUDDING
OR						
CHICKEN NOODLE SOUP CRACKERS COLESLAW	COTTAGE CHEESE AND FRUIT PLATE DINNER ROLL	ROAST BEEF SANDWICH POTATO SALAD	MEAT SANDWICH PASTA SALAD	TUNA MACARONI SALAD DINNER ROLL	HAM SALAD SANDWICH LETTUCE SALAD	MEAT SANDWICH POTATO SALAD

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