



FREE COVID-19 STAFF COPING & SUPPORT HOTLINE

For a 20-minute coaching session on coping with stress in your work or personal life during Covid-19 schedule, a private call with a trained coach.

Call 612-455-8656

or

email covidsupport@acp-mn.com

When you call, you'll be prompted to leave a voicemail with the best time to schedule your appointment.

When you email, please include your name, phone number, and the best day and time for your appointment.

Then, you will receive a prompt email or call back confirming the day and time you can expect to receive a call from one of our coaches. Calls will be kept confidential and private. Offered through October 2, 2020.

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